Coverage Period: 08/16/2023 - 08/15/2024 Plan Type: PPO PacificSource: Navigator Gold 500+0\_20 S4 Coverage for: Individual



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to http://PacificSource.com/studenthealth/. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary HealthCare.gov/sbc-glossary or call 1-888-977-9299 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	Tier One and Tier Two In-network provider: \$500 individual   Out-of-network provider: \$1,000 individual	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. Tier One <u>In-network provider</u> services and Tier Two <u>In-network provider preventive care</u> ; office visits; durable medical equipment. Rx drugs. Vision age 18 and younger - Vision exam and hardware.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>Healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Tier One and Tier Two In-network provider: \$4,000 individual   Out-of-network provider: \$8,000 individual	The out-of-pocket limit is the most you could pay in a year for covered services.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See  Providerdirectory.pacificsource.com/?nPlan=Navigator or call 1-888-977-9299 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You pay the least if you use a <u>provider</u> in the Student Health Center. You pay more if you use an <u>in-network provider</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



What You Will Pay					
Common Medical Event	Services You May Need	Health & Counseling Center: (You will pay the least)	In-network (You will pay more)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	No charge, <u>deductible</u> does not apply	20% <u>co-insurance</u>	40% co-insurance	None
	Specialist visit	Not available	20% co-insurance	40% co-insurance	None
If you visit a health care provider's office or clinic	Preventive care/screening/immuniza tion	No charge, <u>deductible</u> does not apply	No charge, <u>deductible</u> does not apply	40% <u>co-insurance</u>	Preventive Physicals: 13 visits ages 0-36 months, annually ages 3 and older. Well Woman Visits: annually. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. Tobacco cessation: Not covered out-of-network.
If you have a test	Diagnostic test (x-ray, blood work)	Not available	20% co-insurance	40% co-insurance	None
	Imaging (CT/PET scans, MRIs)	Not available	20% co-insurance	40% co-insurance	Prior authorization required.
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at <a href="https://pacificsource.com/drug-list">https://pacificsource.com/drug-list</a>	Generic drugs – Tier 1	Retail: Not available Mail: Not available	Retail: \$20 <u>co-pay,</u> <u>deductible</u> does not apply Mail: \$50 <u>co-pay,</u> <u>deductible</u> does not apply	90% <u>co-insurance,</u> <u>deductible</u> does not apply	Prescription benefit includes certain outpatient drugs as a preventive benefit at no charge when received in-network, deductible does not apply. Cost share amounts shown represent a 30 day supply at retail and a 90 day supply at mail order. Quantity for retail is limited to 30 day supply. Quantity for mail order is limited to 90 day supply. Quantity for Specialty drug is limited to 30 day supply. Prior authorization required for certain drugs. If a manufacturer coupon or

What You Will Pay						
Common Medical Event	Services You May Need	Health & Counseling Center: (You will pay the least)	In-network (You will pay more)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Preferred drugs – Tier 2	Retail: Not available Mail: Not available	Retail: \$40 <u>co-pay,</u> <u>deductible</u> does not apply Mail: \$100 <u>co-pay,</u> <u>deductible</u> does not apply	90% <u>co-insurance,</u> <u>deductible</u> does not apply		
	Non-preferred drugs – Tier 3	Retail: Not available Mail: Not available	Retail: \$60 <u>co-pay,</u> <u>deductible</u> does not apply Mail: \$150 <u>co-pay,</u> <u>deductible</u> does not apply	90% <u>co-insurance,</u> <u>deductible</u> does not apply	rebate is used, the amount of the discount will not accumulate toward the deductible or the maximum out-of-pocket limit.	
	Specialty drugs – Tier 4	Not available	Retail: \$60 <u>co-pay,</u> <u>deductible</u> does not apply Mail: \$150 <u>co-pay,</u> <u>deductible</u> does not apply	90% <u>co-insurance,</u> <u>deductible</u> does not apply		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Not available	20% <u>co-insurance</u>	40% <u>co-insurance</u>	None	
	Physician/surgeon fees	Not available	20% co-insurance	40% <u>co-insurance</u>		
If you need immediate medical attention	Emergency room care	Medical emergency: Not available Non-emergency: Not available	Medical emergency: \$100 co-pay/visit plus 20% co-insurance Non-emergency: \$100 co-pay/visit plus 20% co-insurance	Medical emergency: \$100 <u>co-pay</u> /visit plus 20% <u>co-insurance</u> Non-emergency: \$100 <u>co-pay</u> /visit plus 20% <u>co-insurance</u>	<u>Co-pay</u> waived if admitted.	
	Emergency medical transportation	Ground: Not available Air: Not available	Ground: 20% <u>co-insurance</u> Air: 20% <u>co-insurance</u>	Ground: 20% <u>co-insurance</u> Air: 20% <u>co-insurance</u>	Limited to nearest facility able to treat condition. Air covered if ground medically or physically inappropriate.	

What You Will Pay					
Common Medical Event	Services You May Need	Health & Counseling Center: (You will pay the least)	In-network (You will pay more)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information
					Out-of-network air based on 200 percent of Medicare allowance.
	<u>Urgent care</u>	Not available	20% co-insurance	40% co-insurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	Not available	20% <u>co-insurance</u>	40% <u>co-insurance</u>	Limited to semi-private room unless intensive or coronary care units, medically necessary isolation, or hospital only has private rooms. Prior authorization required for some inpatient services.
	Physician/surgeon fees	Not available	20% co-insurance	40% <u>co-insurance</u>	None
If you need mental health, behavioral health, or	Outpatient services	No charge, <u>deductible</u> does not apply	20% <u>co-insurance</u>	40% <u>co-insurance</u>	None
substance abuse services	Inpatient services	Not available	20% co-insurance	40% co-insurance	Prior authorization required for some inpatient services.
If you are pregnant	Office visits  Childbirth/delivery professional services  Childbirth/delivery facility services	Not available	20% <u>co-insurance</u>	40% <u>co-insurance</u>	Cost sharing does not apply for preventive services. Practitioner delivery and hospital visits are covered under prenatal and postnatal care. Facility is covered the same as any other hospital services. Coverage
If you need help recovering or have other special health needs	Home health care	Not available	20% co-insurance	40% <u>co-insurance</u>	includes termination of pregnancy.  No coverage for private duty nursing or custodial care.
	Rehabilitation services	Inpatient: Not available Outpatient: Not available	Inpatient: 20% <u>co-insurance</u> Outpatient: 20% <u>co-insurance</u>	Inpatient: 40% <u>co-insurance</u> Outpatient: 40% <u>co-insurance</u>	Inpatient: Limited to 30 days/year. Prior authorization required. Outpatient: Limited to 30 visits/year. No coverage for recreation therapy.
	Habilitation services	Inpatient: Not available Outpatient: Not available	Inpatient: 20% <u>co-insurance</u> Outpatient: 20% <u>co-insurance</u>	Inpatient: 40% <u>co-insurance</u> Outpatient: 40% <u>co-insurance</u>	Inpatient: Limited to 30 days/year. Prior authorization required. Outpatient: Limited to 30 visits/year. No coverage for recreation therapy.

What You Will Pay						
Common Medical Event	Services You May Need	Health & Counseling Center: (You will pay the least)	In-network (You will pay more)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Skilled nursing care	Not available	20% co-insurance	40% co-insurance	Limited to 60 days/year. No coverage for custodial care.	
	Durable medical equipment	No charge, <u>deductible</u> does not apply	20% <u>co-insurance</u>	40% <u>co-insurance</u>	Limited to: \$5,000/year overall; one pair/year for glasses or contact lenses; one breast pump/pregnancy; one wig/year for chemotherapy or radiation therapy. Prior authorization required if equipment is over \$2,500 and for power-assisted wheelchairs.	
	Hospice services	Not available	20% <u>co-insurance</u>	40% co-insurance	No coverage for private duty nursing.	
If your child needs dental or eye care	Children's eye exam	Not available	\$20 <u>co-pay</u> , <u>deductible</u> does not apply	50% <u>co-insurance,</u> <u>deductible</u> does not apply	For age 18 or younger, one routine eye exam/year.	
	Children's glasses	Not available	Lenses: \$40 co-pay, deductible does not apply Frames: No charge up to \$150 maximum then 50% co-insurance, deductible does not apply Contact lenses (in lieu of glasses): \$40 co-pay, deductible does not apply	50% <u>co-insurance,</u> <u>deductible</u> does not apply	For age 18 or younger, one pair of glasses (frames and lenses) or contacts (lenses and fitting) per year.	
	Children's dental check-up	Not available	No charge	No charge	For age 18 or younger, two routine or other diagnostic exam/year. For age 18 or younger, problem focused exams are covered.	

**Excluded Services & Other Covered Services:** 

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion
- Bariatric surgery
- Cosmetic surgery (except in certain situations)
- Dental care (Adult)

- Hearing aids (Adult)
- Infertility treatment
- Long-term care

- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care, other than with diabetes mellitus

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture
- Chiropractic care

- Hearing aids (Child)
- Non-emergency care when traveling outside the U.S.
- Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Division of Financial Regulation at 1-888-877-4894 or at <a href="mailto:dfr.oregon.gov">dfr.oregon.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: The PacificSource Customer Service team at 1-888-977-9299 or the Division of Financial Regulation at 1-888-877-4894 or at <u>dfr.oregon.gov</u>.

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-977-9299.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles, copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital
delivery

■ The plan's overall deductible \$500

■ Specialist 20% co-insurance

Hospital (facility)Other20% co-insurance20% co-insurance

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)

Childbirth/Delivery Professional Services

Childbirth/Delivery Facility Services

Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible \$500

■ Specialist 20% co-insurance

Hospital (facility) 20% co-insurance

Other 20% co-insurance

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible \$500

■ Specialist 20% co-insurance

■ Hospital (facility) 20% co-insurance

■ Other 20% co-insurance

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

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	<u>Deductibles</u>
\$10	Copaymen
\$2400	Coinsurance
d	
\$60	Limits or ex
\$2,970	The total J
	\$2400 d \$60

<b>Total Example Cost</b>	\$5,600	<b>Total Example Cost</b>	\$2,800	
In this example, Joe would pay:		In this example, Mia would pay:		
Cost Sharing		Cost Sharing		
<u>Deductibles</u>	\$500	<u>Deductibles</u>	\$500	
Copayments	\$700	Copayments	\$10	
<u>Coinsurance</u>	\$300	Coinsurance	\$500	
What isn't covered		What isn't covered		
Limits or exclusions	\$20	Limits or exclusions	\$0	
The total Joe would pay is	\$1,520	The total Mia would pay is	\$1,010	

The plan would be responsible for the other costs of these EXAMPLE covered services.