Coverage Period: 01/01/2021 - 12/31/2021 **PacificSource: Navigator Silver 3000** Coverage for: Family Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to https://pacificsource.com/plan-details. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary HealthCare.gov/sbc-glossary or call 1-888-977-9299 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	In-network provider: \$3,000 individual/\$6,000 family Out-of-network provider: \$10,000 individual/\$20,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. In-network: <u>preventive care</u> ; office visits except for specialist visits. In-network: Rx drugs. Vision age 18 and younger - 1st \$150 vision hardware. In-network: vision exam. Out-of-network: 1st \$40 vision exam.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>Healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-network provider: \$8,150 individual/\$16,300 family Out-of-network provider: \$25,000 individual/\$50,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>Providerdirectory.pacificsource.com/?nPlan=Naviga</u> <u>tor</u> or call 1-888-977-9299 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider before</u> you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

What You Will Pay				
Common Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	50% <u>co-insurance</u>	None
	Specialist visit	40% co-insurance	50% co-insurance	None
If you visit a health care provider's office or clinic	Preventive No charge, deductible care/screening/immunization not apply		50% <u>co-insurance</u>	Preventive Physicals: 13 visits ages 0-36 months, annually ages 3 and older. Well Woman Visits: annually. You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. Tobacco cessation: Not covered out-of-network.
If you have a test	Diagnostic test (x-ray, blood work)	40% co-insurance	50% co-insurance	None
	Imaging (CT/PET scans, MRIs)	40% co-insurance	50% <u>co-insurance</u>	Preauthorization required.
	Tier one drugs	Retail: \$15 <u>co-pay/prescription</u> , <u>deductible</u> does not apply Mail: \$30 <u>co-pay/prescription</u> , <u>deductible</u> does not apply	90% <u>co-insurance</u>	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available	Tier two drugs	Retail: \$60 <u>co-pay</u> /prescription, <u>deductible</u> does not apply Mail: \$180 <u>co-pay</u> /prescription, <u>deductible</u> does not apply	90% <u>co-insurance</u>	Prescription benefit includes certain outpatient drugs as a preventive benefit at no charge when received in-network, deductible does not apply. Cost share amounts shown represent a 30 day supply at retail and a 90 day supply at mail order. Quantity for retail and mail order are limited to a 90 day supply. Quantity for Specialty drug is limited to 30 day supply. Preauthorization required for certain drugs. If a manufacturer coupon or rebate is used, the amount of the discount will not accumulate toward the deductible or the maximum out-of-pocket limit.

	What You Will Pay				
Common Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
at https://pacificsource.co m/drug-list	Tier three drugs	Retail: 40% <u>co-insurance</u> , <u>deductible</u> does not apply Mail: 40% <u>co-insurance</u> , <u>deductible</u> does not apply	90% <u>co-insurance</u>		
	Tier four drugs	40% <u>co-insurance</u> , <u>deductible</u> does not apply	90% co-insurance		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	40% <u>co-insurance</u>	50% co-insurance	None	
surgery	Physician/surgeon fees	40% co-insurance	50% co-insurance		
If you need immediate	Emergency room care	Medical emergency: 40% <u>co-insurance</u> Non-emergency: 40% <u>co-insurance</u>	Medical emergency: 40% co-insurance Non-emergency: 50% co-insurance	None	
medical attention	Emergency medical transportation	Ground: 40% <u>co-insurance</u> Air: 40% <u>co-insurance</u>	Ground: 40% <u>co-insurance</u> Air: 40% <u>co-insurance</u>	Limited to nearest facility able to treat condition. Air covered if ground medically or physically inappropriate. Out-of-network air based on 200 percent of Medicare allowance.	
	Urgent care	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	50% co-insurance	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	40% <u>co-insurance</u>	50% <u>co-insurance</u>	Limited to semi-private room unless intensive or coronary care units, <u>medically necessary</u> isolation, or hospital only has private rooms. <u>Preauthorization</u> required for some inpatient services.	
	Physician/surgeon fees	40% <u>co-insurance</u>	50% <u>co-insurance</u>	None	
If you need mental health, behavioral	Outpatient services	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	50% <u>co-insurance</u>	None	
health, or substance abuse services	Inpatient services	40% <u>co-insurance</u>	50% <u>co-insurance</u>	<u>Preauthorization</u> required for some inpatient services.	

What You Will Pay				
Common Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you are pregnant	Office visits Childbirth/delivery professional services Childbirth/delivery facility services	40% <u>co-insurance</u>	50% <u>co-insurance</u>	Cost sharing does not apply for preventive services. Practitioner delivery and hospital visits are covered under prenatal and postnatal care. Facility is covered the same as any other hospital services. Coverage includes termination of pregnancy.
	Home health care	40% <u>co-insurance</u>	50% <u>co-insurance</u>	No coverage for private duty nursing or custodial care. <u>Preauthorization</u> required.
If you need help recovering or have other special health needs	Rehabilitation services	Inpatient: 40% <u>co-insurance</u> Outpatient: 40% <u>co-insurance</u>	Inpatient: 50% <u>co-insurance</u> Outpatient: 50% <u>co-insurance</u>	Inpatient: Covered up to 30 days/year, unless medically necessary to treat a mental health diagnosis. Preauthorization required. Outpatient: Covered up to 30 visits/year unless medically necessary to treat a mental health diagnosis. No coverage for recreation therapy.
	Habilitation services	Inpatient: 40% <u>co-insurance</u> Outpatient: 40% <u>co-insurance</u>	Inpatient: 50% <u>co-insurance</u> Outpatient: 50% <u>co-insurance</u>	Inpatient: Covered up to 30 days/year, unless medically necessary to treat a mental health diagnosis. Preauthorization required. Outpatient: Covered up to 30 visits/year unless medically necessary to treat a mental health diagnosis. No coverage for recreation therapy.
	Skilled nursing care	40% <u>co-insurance</u>	50% <u>co-insurance</u>	Limited to 60 days/year. No coverage for custodial care.
	Durable medical equipment	40% <u>co-insurance</u>	50% <u>co-insurance</u>	Limited to: \$5,000/year overall; one pair/year for glasses or contact lenses; one breast pump/pregnancy; one wig/year for chemotherapy or radiation therapy. Preauthorization required if equipment is over \$1,000 and for power-assisted wheelchairs.

	What You Will Pay				
Common Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Hospice services	40% co-insurance	50% co-insurance	No coverage for private duty nursing.	
If your child needs dental or eye care	Children's eye exam	No charge, <u>deductible</u> does not apply	No charge up to \$40 maximum, <u>deductible</u> does not apply, then 100% <u>co-insurance</u>	For age 18 or younger, one routine eye exam/year.	
	Children's glasses	Combined in-network and out-of-network: 40% co-insurance	Combined in-network and out-of-network: 40% co-insurance	Combined in-network and out-of-network: For age 18 or younger, one pair of glasses (frames and lenses) or contacts (lenses and fitting) in lieu of glasses per year. Additional coatings not covered. No charge up to \$150 maximum, deductible does not apply.	
	Children's dental check-up	Not covered	Not covered	Not covered	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Bariatric surgery

Infertility treatment

Private-duty nursing

- Cosmetic surgery (except in certain situations)
- Long-term care

• Routine eye care (Adult)

Dental care (Adult)

• Non-emergency care when traveling outside the U.S. • Routine foot care, other than with diabetes mellitus

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Abortion

Chiropractic care

Hearing aids (Child)

Acupuncture

Hearing aids (Adult)

Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Division of Financial Regulation at 1-888-877-4894 or at dfr.oregon.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit Health Insurance Marketplace. For more information about the Marketplace, visit Health Insurance Marketplace. For more information about the Marketplace, visit Health Insurance Marketplace. For more information about the Marketplace, visit Health Insurance Marketplace. For more information about the Marketplace, visit Health Insurance Marketplace. For more information about the Marketplace, visit Health Insurance Marketplace. For more information about the Marketplace. For more information about the Ma

Your <u>Grievance</u> and <u>Appeals</u> <u>Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: The PacificSource Customer Service team at 1-888-977-9299 or the Division of Financial Regulation at 1-888-877-4894 or at <u>dfr.oregon.gov</u>.

Does this <u>plan</u> provide <u>Minimum Essential Coverage</u>? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-977-9299.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

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■ Specialist 40% co-insurance

■ Hospital (facility) 40% <u>co-insurance</u>

■ Other 40% <u>co-insurance</u>

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)

Childbirth/Delivery Professional Services

Childbirth/Delivery Facility Services

Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u> \$3.000

■ Specialist 40% co-insurance

■ Hospital (facility) 40% <u>co-insurance</u>

■ Other 40% <u>co-insurance</u>

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u> \$3.000

■ Specialist 40% co-insurance

■ Hospital (facility) 40% co-insurance

■ Other 40% co-insurance

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$3000	<u>Deductibles</u>	\$1200	<u>Deductibles</u>	\$2800
Copayments	\$10	Copayments	\$1200	Copayments	\$10
Coinsurance	\$3800	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions \$0	
The total Peg would pay is	\$6,870	The total Joe would pay is	\$2,420	The total Mia would pay is	\$2,810