

Hospital-based Education Classes

Many local hospitals offer classes on topics that can help optimize your health. As part of your PacificSource medical coverage, you can participate in hospital-based health education classes and receive reimbursement.



How does this work?

The program will reimburse eligible PacificSource medical members up to a maximum of \$150 per member per plan year. Covered dependents are also eligible for this program.

You must be enrolled in a PacificSource medical plan at the time of the class registration to qualify for class reimbursement.

What classes can I take?

Hospital-based classes cover a wide range of health topics, such as:

- Pregnancy and parenting
- Heart health
- Weight loss
- Nutrition
- Fitness
- Financial planning

Check with your local hospital to see what health and wellness classes they offer. You can also visit [PacificSource.com/member/hospital-based-classes.aspx](https://www.pacificsource.com/member/hospital-based-classes.aspx) for direct links to area hospitals that offer classes.

How do I get reimbursed?

Please use the Reimbursement Request Form on the back of this flier.

Are there any limitations?

- Health screenings
- Entry fees for walks or other fundraising events

Classes offered by organizations other than hospitals are not eligible for reimbursement. Other restrictions may apply.

Our Customer Service Representatives are happy to help you determine if the class you'd like to attend is eligible for reimbursement.

Idaho

Direct: (208) 333-1596
Toll-free: (800) 688-5008

Montana

Direct: (406) 442-6589
Toll-free: (877) 590-1596

Oregon

Direct: (541) 684-5582
Toll-free: (888) 977-9299

TTY

Toll-free: (800) 735-2900

En Español

Direct: (541) 684-5456
Toll-free: (800) 624-6052
ext. 1009

Email

cs@pacificsource.com

[PacificSource.com](https://www.pacificsource.com)



Reimbursement Request Form

Please attach a copy of your class payment receipt. Mail your receipt and this completed form to:

PacificSource
Attn: Health Management
PO Box 7068
Springfield, OR 97475

Or fax it to:

(541) 686-2051
Attn: Health Management

Member Information

Member Name:	PacificSource ID #:
Date of birth:	Group #:
Home phone #:	Email address:
Mailing address:	

Class Information

Hospital name:	Instructor name:
Hospital address:	
Class name:	
Class cost:	Class start date:

Questions?

Contact Customer Service at (888) 977-9299, or email cs@pacificsource.com.