



# Young Children Receiving Social-Emotional Issue-Focused Intervention/Treatment Services Quality Incentive Metric (SEM)

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You are essential to supporting the social-emotional health of young children in our community.

**Social-emotional health** is a child's ability to form close relationships, experience, manage, and express emotions, explore the environment, and learn. Supporting a child's social-emotional health in the first few years of life helps them thrive.

## Why is supporting social-emotional health for children ages 1-5 important?

- Birth to age five is the most significant stage of human development. Experiences during this time build architecture in the brain for future health and learning.
- Problems in early social-emotional health can have lasting detrimental effects on the developing brain, even if a child's circumstances are improved later in life.
- Providing social-emotional support early can prevent the need for more expensive interventions later.
- Children and families on the Oregon Health Plan are not getting the social-emotional health services they need.

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## Social-Emotional Health Metric (SEM) highlights

- **Who is included (Denominator)?:** All children age 1 – 5.99 years old.
- **How do we meet the metric (Numerator)?:** Any child age 1 – 5.99 who receives a service or intervention from the metric code set closes the gap in care.
- **This is a community-wide metric.** Suppose a child is assigned to a Primary Care Provider (PCP) and receives an intervention outside the PCP setting—for example, in a specialty behavioral health setting where the child receives behavioral health therapy or skills training. In this case, the member received services that count towards the metric, even though the PCP did not provide the services that closed the gap in care.
- Screenings conducted at well-child visits, such as the ASQ-SE, do not count towards the measure, but are essential for identifying needs and referring to other services included in the code set.
- Assessments, such as the Health Behavior Assessment (performed by a PCP or licensed behavioral health provider) and the Mental Health Assessment (performed by a licensed or otherwise appropriately credentialed behavioral health provider), count as an intervention and therefore count toward the measure.

## Questions and answers

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### What services are included in this metric?

The broad types of services that address social-emotional health include:

- Assessment, evaluation, or testing to determine a diagnosis or need for treatment.
- Issue-focused intervention services to address the identified social-emotional delays or risk factors, for example: Psychotherapy, Skills Training, Health Behavior Intervention.
- The vision and intent of SEM for ages 1 – 5.99 is to align with the American Academy of Pediatrics Bright Futures and Early and Periodic Screening, Diagnostic and Treatment (EPSDT) recommendations, which are to screen and assess all children for social-emotional health in the first five years, then provide issue-focused services to address any delays or risk factors associated with social-emotional delay.

### How do I identify which children need an intervention?

You can identify children needing an intervention through a standardized screening tool completed during well-child or regular visits. Please see a list of these screening tools in the Appendix of this document.

### Are screenings included in the metric?

Screenings are outside the scope of SEM and will not count toward closing a gap in care, as the CPT codes for screenings are not included in the metric code set. However, ensuring children are screened for social-emotional health needs is critical to getting them the treatment or interventions they need, which count toward this metric.

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## Are there required provider types or diagnostic codes associated with the metric code set?

While some CPT codes may have standard provider types or diagnosis requirements, there is no diagnostic pairing requirement for submitted claims to be counted toward this metric. You can find additional information on the [OHA fee schedule](#).

## What if my primary care clinic does not offer integrated behavioral health?

Within the metric code set, there are codes that a PCP can use to close a gap in care. A child can also be referred to another provider in the community for behavioral health services. The PacificSource Health Services team can also assist children and families in navigating and connecting with behavioral health services. See contact information for your region below.

### **Marion/Polk, Central Oregon, and the Columbia Gorge CCOs**

Phone: 458-240-8018

Email: [MedicaidBHNavigation@PacificSource.com](mailto:MedicaidBHNavigation@PacificSource.com)

### **Lane County CCO**

Phone: 503-210-2515

Email: [CMLaneMSS@PacificSource.com](mailto:CMLaneMSS@PacificSource.com)

## Metric Code Set

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Most of the CPT codes included in the SEM code set are designated for use by licensed providers. However, a smaller subset of these codes can also be used by non-licensed providers, such as Qualified Mental Health Associates (QMHA's) and Traditional Health Workers (THWs), depending on their scope of practice and the setting in which they operate. The following tables outline which issue-focused interventions (CPT codes) are applicable based on provider type and setting.

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## 2025 Social-Emotional Health Quality Incentive Measure Codes and Eligible Provider Types—Primary Care

SERVICE	Integrated Behavioral Health					Primary Care	
	LMP	LPC	LMFT	LCSW	PSYCHOLOGIST	PCP	CHW
Health behavior assessment, or re-assessment (96156)		✓	✓	✓	✓	✓	
Health behavior intervention (96158, 96159, 96164, 96165, 96167, 96170, 96171)		✓	✓	✓	✓	✓	
Preventive medicine counseling (99401-99404)						✓	✓
Preventive medicine counseling (99411-99412)						✓	
Education and training for patient self-management by a qualified, nonphysician health care professional using a standardized curriculum, face-to-face with the patient (98960-98962)							✓
Mental health assessment, by non-physician (H0031)		✓	✓	✓	✓		
Individual psychotherapy (90832, 90834, 90837)		✓	✓	✓	✓		
Individual psychotherapy (90833, 90836, 90838)	✓						
Family psychotherapy (90846, 90847)	✓	✓	✓	✓	✓		
Group psychotherapy (90849, 90853)	✓	✓	✓	✓	✓		
Psychiatric Diagnostic Evaluation (90791)	✓	✓	✓	✓	✓		
Adaptive behavior treatment (97153-97158) *legislatively approved licensed healthcare professional*					✓	✓	
Behavioral health counseling and therapy (H0004)		✓	✓	✓	✓		
Mental health service plan development, by non-physician (H0032)		✓	✓	✓	✓		
Skills training and development (H2014)	✓	✓	✓	✓	✓		
Activity therapy (music, dance, art or play therapies) related to the care and treatment of patient's disabling mental health problems per session (45 min or more) (G0176)		✓	✓	✓	✓		

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## 2025 Social-Emotional Health Quality Incentive Measure Codes and Eligible Provider Types—Behavioral Health Providers

SERVICE	Non-COA and COA					COA Only				ABA
	LMP	LPC	LMFT	LCSW	PSYCHOLOGIST	QMHP	QMHA	PSS/PWS	CHW	BCBA
Health behavior assessment, or re-assessment (96156)		✓	✓	✓	✓					
Health behavior intervention (96158, 96159, 96164, 96165, 96167, 96170, 96171)		✓	✓	✓	✓					
Mental health assessment, by non-physician (H0031)		✓	✓	✓	✓	✓				
Individual psychotherapy (90832, 90834, 90837)		✓	✓	✓	✓	✓				
Individual psychotherapy (90833, 90836, 90838)	✓									
Family psychotherapy (90846, 90847)	✓	✓	✓	✓	✓	✓				
Group psychotherapy (90849, 90853)	✓	✓	✓	✓	✓	✓				
Psychiatric Diagnostic Evaluation (90791)	✓	✓	✓	✓	✓	✓				
Multi-family group training session (96202, 96203) *not currently on BH fee schedule*										
Psychiatric Diagnostic Evaluation, by a medically licensed professional (90792)	✓									
Adaptive behavior treatment (97153-97158) *legislatively approved licensed healthcare professional*					✓					✓
Behavioral health counseling and therapy (H0004)		✓	✓	✓	✓	✓				

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## 2025 Social-Emotional Health Quality Incentive Measure Codes and Eligible Provider Types—Behavioral Health Providers (continued)

SERVICE	Non-COA and COA					COA Only				ABA
	LMP	LPC	LMFT	LCSW	PSYCHOLOGIST	QMHP	QMHA	PSS/PWS	CHW	BCBA
Mental health service plan development, by non-physician (H0032)		✓	✓	✓	✓	✓			✓	
Skills training and development (H2014)	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Behavioral health outreach services – used for IIBHT (H0023)		✓	✓	✓	✓	✓	✓	✓	✓	
Activity therapy (music, dance, art or play therapies) related to the care and treatment of patient’s disabling mental health problems per session (45 min or more) (G0176)		✓	✓	✓	✓	✓	✓		✓	

Information drawn from OHA open card/fee for service Behavioral Health Fee Schedule (7/2024) and CHW Billing Guide (1/2024), and Oregon Primary Care Providers and Procedure Codes

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# Appendix

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## 2025 Metric Specifications

[Young Children Receiving Social-Emotional Issue-Focused Intervention/Treatment Services \(PDF\)](#)

[Oregon Early Childhood Diagnostic Crosswalk \(PDF\)](#)

## Standardized Screening Tools for identifying Social-Emotional Health needs

Ages and Stages Questionnaire-Social-Emotional (ASQ-SE)

Survey of Well-being of Young Children (SWYC)

Devereux Early Childhood Assessment (DECA)

Pediatric Symptom of Checklist (PSC)

Behavioral Assessment System for Children (BASC)

Child Behavior Checklist (CBCL)

Devereux Early Childhood Assessment for Infants (1-18 months) Record Form (DECA)

DECA for Toddlers (18-36 months) Record Form

Strengths and Difficulties Questionnaire (SDQ)

Thinking Skills Inventory

Eyberg Child Behavior Inventory (ECBI)

McMaster Family Assessment Device

SCAS Anxiety Scale for Preschool

Beck's Depression Inventory

Multidimensional Assessment of Parenting Scale (MAPS)