# Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services PacificSource: Navigator Platinum 500+35\_20 S4



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to <u>http://PacificSource.com/Willamette/</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary <u>HealthCare.gov/sbc-glossary</u> or call 1-888-977-9299 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	In-network provider: \$500 individual/\$1,000 family   Out-of-network provider: \$1,000 individual/\$2,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Office visits; In-network <u>preventive care</u> ; 1st \$400 diagnostic tests Rx drugs. Vision age 18 and younger - Vision exam and hardware. Dental age 18 and younger - In-network: dental exam.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>Healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	In-network provider: \$4,500 individual/\$9,000 family   Out-of-network provider: \$9,000 individual/\$18,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>Providerdirectory.pacificsource.com/?nPlan=Navigator</u> or call 1-888-977-9299 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a **<u>deductible</u>** applies.

What You Will Pay					
Common Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	None	
	<u>Specialist</u> visit	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	None	
	Preventive care/screening/immunization	No charge, <u>deductible</u> does not apply	No charge	Preventive Physicals: 13 visits ages 0-36 months, annually ages 3 and older. Well Woman Visits: annually. You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. Tobacco cessation: Not covered out-of-network.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge up to the first \$400, <u>deductible</u> does not apply, then 20% <u>co-insurance</u>	40% <u>co-insurance</u>	None	
	Imaging (CT/PET scans, MRIs)	20% <u>co-insurance</u>	40% <u>co-insurance</u>	Preauthorization required.	
	Tier one drugs	Retail: \$20 <u>co-pay</u> , <u>deductible</u> does not apply Mail: \$60 <u>co-pay</u> , <u>deductible</u> does not apply	\$20 <u>co-pay</u> , <u>deductible</u> does not apply		

What You Will Pay					
Common Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://pacificsource.co m/drug-list	Tier two drugs	two drugs Retail: \$35 <u>co-pay, deductible</u> does not apply Mail: \$105 <u>co-pay, deductible</u> does not apply		Prescription benefit includes certain outpatient drugs as a preventive benefit at no charge when received in-network, <u>deductible</u> does not apply. <u>Cost share</u> amounts shown represent a 30 day supply at retail and a 90 day supply at mail order. Quantity for retail is limited to 30 day supply. Quantity for mail order is limited to 90 day supply. Quantity for <u>Specialty drug</u> is limited to 30 day supply. <u>Preauthorization</u> required for certain drugs. If a manufacturer coupon or rebate is used, the amount of the discount will not accumulate toward the deductible or the maximum out-of-pocket limit.	
	Tier three drugs	Retail: \$55 <u>co-pay</u> , <u>deductible</u> does not apply Mail: \$165 <u>co-pay</u> , <u>deductible</u> does not apply	\$55 <u>co-pay, deductible</u> does not apply		
	Tier four drugs	Retail: \$125 <u>co-pay</u> , <u>deductible</u> does not apply Mail: \$375 <u>co-pay</u> , <u>deductible</u> does not apply	\$125 <u>co-pay, deductible</u> does not apply		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% <u>co-insurance</u>	40% co-insurance	None	
surgery	Physician/surgeon fees	20% <u>co-insurance</u>	40% <u>co-insurance</u>		
If you need immediate medical attention	Emergency room care	Medical emergency: \$200 <u>co-pay</u> /visit Non-emergency: \$200 <u>co-pay</u> /visit	Medical emergency: \$200 <u>co-pay</u> /visit Non-emergency: \$200 <u>co-pay</u> /visit	<u>Co-pay</u> waived if admitted.	
	Emergency medical transportation	Ground: \$100 <u>co-pay</u> /trip Air: \$100 <u>co-pay</u> /trip	Ground: \$100 <u>co-pay</u> /trip Air: \$100 <u>co-pay</u> /trip	Limited to nearest facility able to treat condition. Air covered if ground medically or physically inappropriate. Out-of-network air based on 200 percent of Medicare allowance.	

	What You Will Pay				
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	<u>Urgent care</u>	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	None	
lf you have a hospital stay	Facility fee (e.g., hospital room)	\$100 <u>co-pay</u> /admit plus 20% <u>co-insurance</u>	\$100 <u>co-pay</u> /admit plus 40% <u>co-insurance</u>	Limited to semi-private room unless intensive or coronary care units, <u>medically necessary</u> isolation, or hospital only has private rooms. <u>Preauthorization</u> required for some inpatient services.	
	Physician/surgeon fees	20% <u>co-insurance</u>	40% <u>co-insurance</u>	None	
lf you need mental health, behavioral	Outpatient services	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	None	
health, or substance abuse services	Inpatient services	\$100 <u>co-pay</u> /admit plus 20% <u>co-insurance</u>	\$100 <u>co-pay</u> /admit plus 40% <u>co-insurance</u>	Preauthorization required for some inpatient services.	
	Office visits		40% <u>co-insurance</u>		
lf you are pregnant	Childbirth/delivery professional services	20% <u>co-insurance</u>		<u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Practitioner delivery and hospital visits are covered under prenatal and postnatal care. Facility is covered the same as any other hospital services. Coverage includes termination of pregnancy.	
	Childbirth/delivery facility services				
	Home health care	20% <u>co-insurance</u>	40% <u>co-insurance</u>	No coverage for private duty nursing or custodial care.	
If you need help recovering or have other special health needs	Rehabilitation services	Inpatient: \$100 <u>co-pay</u> /admit plus 20% <u>co-insurance</u> Outpatient: 20% <u>co-insurance</u>	Inpatient: \$100 <u>co-pay</u> /admit plus 40% <u>co-insurance</u> Outpatient: 40% <u>co-insurance</u>	Inpatient: Limited to 30 days/year. <u>Preauthorization</u> required. Outpatient: Limited to 30 visits/year. No coverage for recreation therapy.	
	Habilitation services	Inpatient: \$100 <u>co-pay</u> /admit plus 20% <u>co-insurance</u> Outpatient: 20% <u>co-insurance</u>	Inpatient: \$100 <u>co-pay</u> /admit plus 40% <u>co-insurance</u> Outpatient: 40% <u>co-insurance</u>	Inpatient: Limited to 30 days/year. <u>Preauthorization</u> required. Outpatient: Limited to 30 visits/year. No coverage for recreation therapy.	

	What You Will Pay				
Common Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Skilled nursing care	\$100 <u>co-pay</u> /admit plus 20% <u>co-insurance</u>	\$100 <u>co-pay</u> /admit plus 40% <u>co-insurance</u>	Limited to 60 days/year. No coverage for custodial care.	
	Durable medical equipment	20% <u>co-insurance</u>	40% <u>co-insurance</u>	Limited to: \$5,000/year overall; one pair/year for glasses or contact lenses; one breast pump/pregnancy; one wig/year for chemotherapy or radiation therapy. <u>Preauthorization</u> required if equipment is over \$1,000 and for power-assisted wheelchairs.	
	Hospice services	20% <u>co-insurance</u>	40% <u>co-insurance</u>	No coverage for private duty nursing.	
If your child needs dental or eye care	Children's eye exam	No charge, <u>deductible</u> does not apply	40% <u>co-insurance, deductible</u> does not apply	For age 18 or younger, one routine eye exam/year.	
	Children's glasses	No charge, <u>deductible</u> does not apply	40% <u>co-insurance, deductible</u> does not apply	For age 18 or younger, one pair of glasses (frames and lenses) or contacts (lenses and fitting) per year.	
	Children's dental check-up	No charge, <u>deductible</u> does not apply	30% <u>co-insurance</u>	For age 18 or younger, two routine or other diagnostic exam/year. For age 18 or younger, problem focused exams are covered.	

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)						
Bariatric surgery	Hearing aids (Adult)	Private-duty nursing				
Cosmetic surgery (except in certain situations)	Long-term care	Routine foot care, other than with diabetes mellitus				
Dental care (Adult)						
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)						
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Other Covered Services (Limitations may apply to • Abortion	<ul><li> these services. This isn't a complete list.</li><li> Hearing aids (Child)</li></ul>	<ul> <li>Please see your <u>plan</u> document.)</li> <li>Routine eye care (Adult)</li> </ul>				

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Division of Financial Regulation at 1-888-877-4894 or at <u>dfr.oregon.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>HealthCare.gov</u> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: The PacificSource Customer Service team at 1-888-977-9299 or the Division of Financial Regulation at 1-888-877-4894 or at <u>dfr.oregon.gov</u>.

#### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-977-9299.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

#### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		<b>Mia's Simple Fracture</b> (in-network emergency room visit and follow up care)	
The plan's overall <u>deductible</u> \$500		The plan's overall <u>deductible</u> \$500		The <u>plan's</u> overall <u>deductible</u>	\$500
Specialist	\$35 co-payment	Specialist	\$35 co-payment	Specialist	\$35 co-payment
Hospital (facility)	20% <u>co-insurance</u>	Hospital (facility)	20% <u>co-insurance</u>	Hospital (facility)	20% <u>co-insurance</u>
Other	20% <u>co-insurance</u>	Other	20% <u>co-insurance</u>	Other	20% <u>co-insurance</u>
This EXAMPLE event includes services like:Specialist office visits (prenatal care)Childbirth/Delivery Professional ServicesChildbirth/Delivery Facility ServicesDiagnostic tests (ultrasounds and blood work)Specialist visit (anesthesia)		This EXAMPLE event includes services like:         Primary care physician       office visits (including disease education)         Diagnostic tests (blood work)         Prescription drugs         Durable medical equipment (glucose meter)		This EXAMPLE event includes services like: <u>Emergency room care</u> (including medical supplies) <u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay: In this example, Mia would pay:		I I	
Cost Sharing	!	<u>Cost Sharing</u>		Cost Sharing	
<u>Deductibles</u>	\$500	<u>Deductibles</u>	\$500	<u>Deductibles</u>	\$500
<u>Copayments</u>	\$10	Copayments	\$1000	Copayments	\$400
Coinsurance	\$2400	Coinsurance	\$80	Coinsurance	\$200
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions \$0	
The total Peg would pay is	\$2,970	The total Joe would pay is	\$1,600	The total Mia would pay is	\$1,100