



## Diabetic Equipment, Supplies, and Accessories

<b>LOB(s):</b> <input checked="" type="checkbox"/> Commercial  <input checked="" type="checkbox"/> Medicare  <input checked="" type="checkbox"/> Medicaid	<b>State(s):</b> <input checked="" type="checkbox"/> Idaho <input checked="" type="checkbox"/> Montana <input checked="" type="checkbox"/> Oregon <input checked="" type="checkbox"/> Washington <input type="checkbox"/> Other:  <input checked="" type="checkbox"/> Oregon
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### Enterprise Policy

PacificSource is committed to assessing and applying current regulatory standards, widely-used treatment guidelines, and evidenced-based clinical literature when developing clinical criteria for coverage determination. Each policy contains a list of sources (references) that serves as the summary of evidence used in the development and adoption of the criteria. The evidence was considered to ensure the criteria provide clinical benefits that promote patient safety and/or access to appropriate care. Each clinical policy is reviewed, updated as needed, and readopted, at least annually, to reflect changes in regulation, new evidence, and advancements in healthcare.

Clinical Guidelines are written when necessary to provide guidance to providers and members in order to outline and clarify coverage criteria in accordance with the terms of the Member's policy. This Clinical Guideline only applies to PacificSource Health Plans, PacificSource Community Health Plans, and PacificSource Community Solutions in Idaho, Montana, Oregon, and Washington. Because of the changing nature of medicine, this list is subject to revision and update without notice. This document is designed for informational purposes only and is not an authorization or contract. Coverage determinations are made on a case-by-case basis and subject to the terms, conditions, limitations, and exclusions of the Member's policy. Member policies differ in benefits and to the extent a conflict exists between the Clinical Guideline and the Member's policy, the Member's policy language shall control. Clinical Guidelines do not constitute medical advice nor guarantee coverage.

### Background

PacificSource Health Plans supports members in screening and appropriate treatment for the diagnosis of diabetes. This includes coverage of appropriate durable medical equipment supplies, and accessories for monitoring and maintaining healthy blood glucose levels.

Glucose monitors, supplies, and accessories are covered when medical necessity criteria are met. In addition, PacificSource utilizes Center for Medicare & Medicaid Services (CMS) Local Coverage Determination (LCD) to determine maximum quantities and frequencies for diabetic supply purchases.

### Criteria

#### Commercial

##### I. Blood Glucose Monitors (BGM) (hand-held or stand-alone device)

A. PacificSource considers coverage of a blood glucose monitor, supplies, and accessories medically necessary when **ALL** the following conditions are met:

1. The member has a diagnosis of Diabetes Mellitus
2. Member or responsible individual/caregiver is capable of using the device as prescribed
3. The device is designed for personal use

## II. Specialty Blood Glucose Monitors

- A. PacificSource considers coverage of BGMs with special features (HCPC codes E2100 and E2101) when **ALL** the criteria for Blood Glucose Monitors are met **AND** the treating practitioner certifies the member, or caregiver has **ONE** of the following:
1. Severe visual impairment (i.e., best corrected visual acuity of 20/200 or worse in both eyes) requiring the use of a special monitoring system (E2100)
  2. An impairment of manual dexterity severe enough to require the use of a special monitoring system (E2101)

## III. Continuous Glucose Monitors (CGM) Under Medical Benefit

**Prior authorization is required for CGM monitors, transmitters, and sensors (codes E2102, E2103, A4238, A4239, A9276, A9277, and A2978).**

- A. Non-Adjunctive (Therapeutic) CGM Devices (preferred devices Freestyle Libre & Dexcom) are administered under the Pharmacy benefit for all plans; except for *the following groups may have coverage under medical plan benefits by exception when specifically requested: 1) Billings Clinic, 2) City of Eugene, 3) Deschutes County.*
1. PacificSource considers the coverage of therapeutic Continuous Glucose monitors, transmitters and sensors medically necessary when **ALL** the following criteria are met:
    - a. The member has diagnosis of Diabetes Mellitus
    - b. The member is currently on insulin treatment of at least three (3) subcutaneous (SubQ) injections daily or uses an insulin pump
    - c. The member performs at least four (4) blood glucose tests per day with a blood glucose monitoring device (prior to CGM)
    - d. The member requires frequent insulin adjustments based on blood glucose reading

**Note: Temporary use of CGM's are not covered** (e.g., during dialysis treatments or for nutritional/blood sugar information) as they are not considered medically necessary.

### B. Adjunctive (Non-Therapeutic) Devices

1. PacificSource does **not** cover Adjunctive (Non-Therapeutic) continuous glucose monitors, transmitters and sensors under medical benefit plans

## IV. Implantable Continuous Glucose Monitors (I-CGM)

**Prior authorization is required (0446T, 0447T, 0448T).**

- A. PacificSource considers the coverage of Implantable Continuous Glucose Monitors (I-CGM), implantation, to be medically necessary when **ALL** of the following criteria is met:
1. Member is 18 years of age and older
  2. Diagnosis of Diabetes Mellitus
  3. The member is currently on insulin treatment of at least three (3) subcutaneous (SubQ) injections daily or uses an insulin pump
  4. The member performs at least four (4) blood glucose tests per day with a blood glucose monitoring device

5. The member requires frequent insulin adjustments based on blood glucose readings

**Note: Temporary use of CGM's are not covered** (e.g., during dialysis treatments or for nutritional/ blood sugar information) as they are not considered medically necessary.

- B.** PacificSource considers the removal or replacement of an implantable continuous glucose monitor to be medically necessary when **ONE** of the following are met:
1. The member's device is no longer needed
  2. Member's sensor fails or device lifespan has expired

## V. Insulin and Syringes

Diabetic insulin and syringes are covered expenses under the prescription drug benefit only. Any receipts submitted for reimbursement will process under the pharmacy benefit. If the member does not have a prescription drug benefit insulin and syringes are not coverable.

## VI. Other Supplies

Supplies such as lancets, test strips, glucostix, and needle free injection devices can be covered under the medical plan's durable medical equipment (DME) benefit. Certain supplies may also be covered under the prescription drug benefit. (For specific CGM devices see section III above).

### A. Benefit Coverage

PacificSource members may choose to purchase their diabetic supplies utilizing their pharmacy or DME benefit.

#### 1. Pharmacy Coverage

Members who choose to purchase monitors, supplies, and/or accessories from the pharmacy utilize their prescription benefit. Please see the PacificSource Diabetic Supply formulary online for pharmacy benefit coverage and limitations.

#### 2. DME Coverage

If the member chooses to purchase diabetic supplies (e.g., lancets, test strips, glucostix, and needle free injection devices) from a DME provider, these supplies will be reimbursed using the members DME benefit. Reimbursement is based upon the providers participating or non-participating status, as well as the contracted or allowed amount.

- a. Members may purchase test strips or lancets with a maximum of 300 count for a 30-day supply or 900 count for a 90-day. Refills may be filled within 10 days of supply exhaustion. Requests for coverage of orders exceeding the supply limit require prior authorization approval.
- b. Insulin infusion pumps **do not** require prior authorization. However, the insulin cartridge **does** require prior authorization through the Pharmacy benefit.

## Medicaid

PacificSource Community Solutions (PCS) follows the general coverage, limitations, and exclusions outlined in OARs 410-141-3820, 410-141-3825, and 410-120-1200. Relevant coverage guidance, including but not limited to Guideline Note 108 of the Health Evidence Review Commission (HERC) Prioritized List of Health Services for continuous glucose monitoring, OAR 410-122-0520 for glucose monitors and diabetic supplies, OAR 410-122-0525 for external insulin infusion pumps, and OAR 410-

122-0730 for continuous glucose monitoring equipment and supplies may be used to determine coverage of Diabetic Equipment, Supplies, and Accessories.

PacificSource Community Solutions (PCS) follows the Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) coverage requirements in OAR 410-151-0000 through 410-151-0003 for EPSDT beneficiaries. Relevant coverage guidance, including but not limited to Guideline Note 108 for continuous glucose monitoring, OAR 410-122-0520 for glucose monitors and diabetic supplies, OAR 410-122-0525 for external insulin infusion pumps, and OAR 410-122-0730 for continuous glucose monitoring equipment and supplies, may be used to assist in informing a determination of medical necessity and medical appropriateness during the individual case review. A case-by-case review for EPSDT Medical Necessity and EPSDT Medical Appropriateness as defined in OAR 410-151-0001 is required prior to denying. Refer to the Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) policy for details.

### Medicare

PacificSource Medicare follows CMS National Coverage Determinations and Local Coverage Determination for home blood glucose monitors, continuous blood glucose monitors, I-CGM, supplies and accessories:

- A. National Coverage Determinations (NCD) 40.2 for Home Blood Glucose Monitors
- B. Local Coverage Determination (LCD) Glucose Monitors L33822
- C. Local Coverage Determination (LCD) Implantable Continuous Glucose Monitors (I-CGM) L38657
- D. National Coverage Determinations (NCD) 280.14 for Infusion Pumps

### Coding Information

The following list of codes are for informational purposes only and may not be all-inclusive. Deleted codes and codes which are not effective at the time the service is rendered may not be eligible for reimbursement.

#### Equipment

HCPC Code	Description	Maximum Units	Frequency
E0607	Home blood glucose Monitor	1 unit (each)	3 years/1095 days
E1399	DME, miscellaneous		
E2100	Blood glucose monitor w/integrated voice synthesizer	1 unit (each)	3 years/1095 days
E2101	Blood glucose monitor with integrated lancing/blood sample	1 unit (each)	3 years/1095 days
E2102	Adjunctive, nonimplanted continuous glucose monitor (CGM) or receiver	NA	NA
E2103	Non-adjunctive, nonimplanted continuous glucose monitor (CGM) or receiver	1 unit (each)	5 years/1825 days

#### Supplies and Accessories (not all inclusive)

HCPC Code	Description	Maximum Units	Frequency
A4238	Supply allowance for adjunctive, nonimplanted continuous glucose monitor (CGM), includes all supplies and accessories	3 (1unit = 1 month supply)	3 months / 90 days
A4239	Supply allowance for nonadjunctive, nonimplanted continuous glucose monitor (CGM), includes all supplies and accessories	3 (1unit = 1 month supply)	3 months / 90 days
A4253	Blood glucose test or reagent strips for home blood glucose monitor	18 units (1 unit = 50 test strips)	3 months / 90 days
A4258	Spring-powered device for lancet	2 unit (each)	1 year / 365 days
A9276	Sensor; invasive (e.g., subcutaneous), disposable, for use with nondurable medical equipment interstitial continuous glucose monitoring system (CGM)	90 (1unit = 1 day supply)	3 months / 90 days
A9277	Transmitter; external, for use with nondurable medical equipment interstitial continuous glucose monitoring system (CGM)	5 unit (each)	5 years / 1825 days
A9278	Receiver (monitor); external, for use with nondurable medical equipment interstitial continuous glucose monitoring system (CGM)	1 unit (each)	5 years / 1825 days

### Professional Fees

CPT, HCPC, Modifier	Description
95249	Professional fee for patient-supplied equipment
95250	Professional fee for provider- supplied equipment
95251	Professional fee for device interrogation/interpretation
0446T	Creation of subcutaneous pocket with insertion of implantable interstitial glucose sensor, including system activation and patient training
0447T	Removal of implantable interstitial glucose sensor from subcutaneous pocket via incision
0448T	Removal of implantable interstitial glucose sensor with creation of subcutaneous pocket at different anatomic site and insertion of new implantable sensor
Modifier 25	For two of the above codes (95249, 95250, 95251) on the same date of service

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HCPCS® codes, descriptions and materials are copyrighted by Centers for Medicare and Medicaid Services (CMS).

## Definitions

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**Blood Glucose Monitor (BGM)** – a stand-alone device where the member uses a lancet to obtain a blood sample and place the sample on a test strip that is inserted to the hand-held device.

**Insulin Pump (external)** – a system of administration of continuous subcutaneous insulin through a subcutaneous needle or catheter, battery-operated, and usually worn about the waist.

**Implantable Continuous Glucose Monitor** – includes a fluorescence-based sensor (subcutaneously implanted), smart transmitter, and a mobile application for displaying glucose values, trends, and alerts on the member's compatible mobile device. The life span of the implanted sensor is usually between 90- 180 days).

**Non-Therapeutic(adjunctive) Continuous Glucose Monitor** –Non-therapeutic devices require the member to verify their glucose levels with a stand-alone home blood glucose monitor (BGM) to confirm testing results prior to making treatment decisions.

**Therapeutic (non-adjunctive) Continuous Glucose Monitor** –Therapeutic devices are used to make treatment decisions without the need for a stand-alone home blood glucose monitor (BGM) to confirm testing results.

## Related Policies

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Clinical Criteria Used in UM Decisions

Diabetes Prevention Programs

Durable Medical Equipment, Prosthetics, Orthotics and Supplies (DME POS)

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT)

Medical Nutrition Therapy

## References

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## Appendix

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**Policy Number:**

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**Policy type:** Enterprise

**Author(s):**

**Depts.:** Health Services, Customer Service, Claims; Pharmacy

**Applicable regulation(s):** Social Security Act 1861(s)(6), 42 CFR § 422.101(b-c), OARs 410-141-3820, 410-141-3835, 410-151-0001, 410-151-0002, 410-151-0003, 410-122-0080, 410-122-0184, 410-122-0520, 410-122-0525, 410-122-0730.

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