

# **Epilepsy Treatment**

| LOB(s):  ☑ Commercial | State(s):<br>☑ Idaho |              |
|-----------------------|----------------------|--------------|
|                       |                      |              |
| ⊠ Medicaid            | ⊠ Oregon             | ☐ Washington |

## **Enterprise Policy**

PacificSource is committed to assessing and applying current regulatory standards, widely-used treatment guidelines, and evidenced-based clinical literature when developing clinical criteria for coverage determination. Each policy contains a list of sources (references) that serves as the summary of evidence used in the development and adoption of the criteria. The evidence was considered to ensure the criteria provide clinical benefits that promote patient safety and/or access to appropriate care. Each clinical policy is reviewed, updated as needed, and readopted, at least annually, to reflect changes in regulation, new evidence, and advancements in healthcare.

Clinical Guidelines are written when necessary to provide guidance to providers and members in order to outline and clarify coverage criteria in accordance with the terms of the Member's policy. This Clinical Guideline only applies to PacificSource Health Plans, PacificSource Community Health Plans, and PacificSource Community Solutions in Idaho, Montana, Oregon, and Washington. Because of the changing nature of medicine, this list is subject to revision and update without notice. This document is designed for informational purposes only and is not an authorization or contract. Coverage determinations are made on a case-by-case basis and subject to the terms, conditions, limitations, and exclusions of the Member's policy. Member policies differ in benefits and to the extent a conflict exists between the Clinical Guideline and the Member's policy, the Member's policy language shall control. Clinical Guidelines do not constitute medical advice nor guarantee coverage.

## **Background**

Epilepsy is a brain disorder that causes recurring, unprovoked seizures. Epilepsy may occur as a result of a genetic disorder or an acquired brain injury, such as trauma or stroke.

Management generally involves antileptic drugs, but for some patients, seizures are uncontrolled by medical therapy. For patients with focal seizure disorders, more invasive interventions might be warranted. Laser interstitial thermal therapy (LITT) and Responsive Neurostimulation (RNS) are potentially alternative treatment option.

**Deep brain stimulation** consists of the delivery of electrical impulses to specific areas of the brain, depending on the symptoms to be addressed. A burr hole is drilled into the patient's skull and introduces a lead wire into the brain; target brain tissue is identified with a combination of stereotactic neuroimaging (usually MRI or CT scan) and microelectrode recording. The procedure is generally performed in awake patients with intraoperative observation of clinical response. After identification of the target brain tissue, a permanent electrode is inserted into the desired position. A neurostimulator is placed subcutaneously in the chest or abdominal wall; this can occur at the same time as the initial procedure or can take place 1 to 2 weeks later. An extension wire then connects the previously placed lead wire to the neurostimulator through a subcutaneous tract. Approximately 2 to 4 weeks after implantation, the stimulator is activated and programmed to adjust the voltage, frequency, and polarity settings to achieve the best possible outcome.

**Laser interstitial thermal therapy** is indicated for use to necrotize or coagulate soft tissue through interstitial irradiation or thermal therapy under magnetic resonance imaging (MRI) guidance. Laser interstitial thermal therapy can be used for medically refractory epileptic seizures as an alternative to open brain surgery.

**Responsive Neurostimulation** is for the treatment of drug-resistant refractory focal epilepsy by using a neurostimulator that is seated in the skull and connected to lead wires with electrodes that are implanted in the brain to monitor and respond to brain activity to attempt to prevent seizures at the source of the seizure.

### Criteria

### **Commercial**

## Prior authorization is required

## I. Deep brain stimulation for epilepsy

PacificSource considers deep brain stimulation for the treatment of epilepsy medically necessary when the following criteria is met:

**A.** MCG criteria for epilepsy: GRG: SG-NS (ISC GRG)

## II. Laser Interstitial Thermal Therapy

PacificSource considers Laser Interstitial Thermal Therapy to be medically necessary when **ALL** of the following criteria is met:

- A. Diagnosis of Lesional Mesial Temporal Lobe Epilepsy (MTLE)
- **B.** Documented seizure activity refractory to at least two (2) anti-epileptic drugs for three (3) months
- **C.** Member is **NOT** a candidate for resective epileptic surgery
- **D.** Member does not have either of the following contraindications:
  - 1. An implanted device that contraindicates MRI
  - 2. Progressive brain lesions and/or tumors not associated with epilepsy

### III. Responsive Neurostimulation (Insertion)

PacificSource considers Responsive Neurostimulation to be medically necessary when **ALL** of the following criteria is met:

- A. Member is 18 years of age or older
- B. Diagnosis of focal epilepsy, with no more than two localized epileptogenic foci
- C. Member experiences 3 or more seizures per month within 3 months prior to procedure
- **D.** Seizure activity refractory to 2 or more antiepileptic drugs
- **E.** Member is not a candidate for focal resection epilepsy surgery
- **F.** Member is not a candidate for Vagus nerve stimulation

## IV. Revision or Replacement of Responsive Neurostimulation

PacificSource considers revision or replacement of an implanted Responsive Neurostimulator to be medically necessary when the insertion criteria above is met.

#### **Medicaid**

PacificSource Community Solutions follows the criteria hierarchy described in the "Clinical Criteria Used in UM Decisions" policy for coverage of treatment or epilepsy. PCS covers these services when the condition and service(s) pair on a funded line on the HERC Prioritized List of Health Services, any relevant Guideline criteria is met, and service(s) are medically/orally necessary and appropriate for the specific member. Additional coverage options for unfunded conditions and services are provided as described in Covered Services OAR 410-141-3820. Service(s) may be limited or excluded in accordance with OARs 410-141-3825 and 410-120-1200, except as otherwise provided in the Covered Services Rule.

PCS follows the "Unlisted and Unspecified Procedure Codes" policy for requests for unlisted codes.

PacificSource follows the "Early and Periodic Screening, Diagnostic, and Treatment (EPSDT)" criteria for members under 21 and Young Adults with Special Health Care Needs (YSHCN). A case-by-case review for EPSDT Medical Necessity and EPSDT Medical Appropriateness as defined in OAR 410-151-0001 is required prior to a determination of non-coverage.

#### **Medicare**

PacificSource Medicare follows CMS guidelines and criteria. In the absence of CMS guidelines and criteria, PacificSource Medicare will follow internal policy for determination of coverage and medical necessity.

## Experimental/Investigational/Unproven

PacificSource considers Laser Interstitial Thermal Therapy to be experimental, investigational, or unproven for any neurological indication not listed above and including, but not limited to the following:

- Treatment of primary or metastatic brain tumors
- · Radiation necrosis of the brain

## **Coding Information**

The following list of codes are for informational purposes only and may not be all-inclusive. Deleted codes and codes which are not effective at the time the service is rendered may not be eligible for reimbursement.

- 61736 Laser interstitial thermal therapy (LITT) of lesion, intracranial, including burr hole(s), with magnetic resonance imaging guidance, when performed; single trajectory for 1 simple lesion
- 61737 Laser interstitial thermal therapy (LITT) of lesion, intracranial, including burr hole(s), with magnetic resonance imaging guidance, when performed; multiple trajectories for multiple or complex lesion(s)
- 61850 Twist drill or burr hole(s) for implantation of neurostimulator electrodes, cortical
- 61860 Craniectomy or craniotomy for implantation of neurostimulator electrodes, cerebral, cortical
- Twist drill, burr hole, craniotomy, or craniectomy with stereotactic implantation of neurostimulator electrode array in subcortical site (e.g., thalamus, globus pallidus,

microelectrode recording; first array Twist drill, burr hole, craniotomy, or craniectomy with stereotactic implantation of 61864 neurostimulator electrode array in subcortical site (e.g., thalamus, globus pallidus, subthalamic nucleus, periventricular, periaqueductal gray), without use of intraoperative microelectrode recording; each additional array (List separately in addition to primary procedure) 61867 Twist drill, burr hole, craniotomy, or craniectomy with stereotactic implantation of Neurostimulator electrode array in subcortical site (e.g., thalamus, globus pallidus, subthalamic nucleus, periventricular, periaqueductal gray), with use of intraoperative microelectrode 61868 Twist drill, burr hole, craniotomy, or craniectomy with stereotactic implantation of neurostimulator electrode array in subcortical site (e.g., thalamus, Globus pallidum, subthalami nucleus, periventricular, periaqueductal gray), with use of intraoperative microelectrode recording; each additional array (List separately in addition to primary procedure) 61880 Revision or removal of intracranial neurostimulator electrodes 61885 Insertion or replacement of cranial neurostimulator pulse generator or receiver, direct or inductive coupling; with connection to a single electrode array 61886 Insertion or replacement of cranial neurostimulator pulse generator or receiver, direct or inductive coupling; with connection to 2 or more electrode arrays 61888 Revision or removal of cranial neurostimulator pulse generator or receiver 61889 Insertion of skull-mounted cranial neurostimulator pulse generator or receiver, including craniectomy or craniotomy, when performed, with direct or inductive coupling, with connection to depth and/or cortical strip electrode array(s) 61891 Revision or replacement of skull-mounted cranial neurostimulator pulse generator or receiver with connection to depth and/or cortical strip electrode array(s) 61892 Removal of skull-mounted cranial neurostimulator pulse generator or receiver with cranioplasty, when performed 64999 Unlisted procedure, nervous system L8679 Implantable neurostimulator, pulse generator, any type L8680 Implantable neurostimulator electrode, each L8681 Patient programmer (external) for use with implantable programmable neurostimulator pulse generator, replacement only L8682 Implantable neurostimulator radiofrequency receiver L8683 Radiofrequency transmitter (external) for use with implantable neurostimulator radiofrequency receiver L8685 Radiofrequency transmitter (external) for use with implantable neurostimulator radiofrequency

subthalamic nucleus, periventricular, periaqueductal gray), without use of intraoperative

receiver

| L8686 | Implantable neurostimulator pulse generator, single array, nonrechargeable, includes extension               |
|-------|--|
| L8687 | Implantable neurostimulator pulse generator, dual array, rechargeable, includes extension                    |
| L8688 | Implantable neurostimulator pulse generator, dual array, nonrechargeable, includes extension                 |
| L8689 | External recharging system for battery (internal) for use with implantable neurostimulator, replacement only |
| L8695 | External recharging system for battery (external) for use with implantable neurostimulator, replacement only |

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HCPCS® codes, descriptions and materials are copyrighted by Centers for Medicare and Medicaid Services (CMS).

### **Definitions**

**Epilepsy** - a neurological disorder marked by sudden recurrent episodes of sensory disturbance, loss of consciousness, or convulsions, associated with abnormal electrical activity in the brain

**Focal Epilepsy** - Seizures that begin in one area of the brain and area of origin may be identifiable by the provider

**Mesial temporal lobe epilepsy (MTLE)** - a seizure disorder in which the individual has lesions (abnormal tissue) involving the medial or internal structures of the temporal lobe of the brain

#### **Related Policies**

Brain, Spinal Cord, and Peripheral Nerve Stimulators

Clinical Criteria Used in UM Decisions

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT)

Thalamotomy

Unlisted and Unspecified Procedure Codes

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# **Appendix**

**Policy Number:** 

**Effective:** 2/1/2021 **Next review:** 8/1/2026

Policy type: Enterprise

Author(s):

**Depts:** Health Services

Applicable regulation(s): OARs 410-120-1200, 410-141-3820, 410-141-3825, 410-151-0000 through 410-151-0003OARs

410-120-1320, 410-141-3820 to 3830,410-151-0000 through 0003

Commercial Ops: 7/2025

Government Ops: 7/2025