

Reach your healthy weight with **Jenny Craig**[®]

Take the First Step Toward a Healthy Weight

As a part of your PacificSource medical coverage, you can participate in the Jenny Craig[®] Jenny All Access program at a discount. This program discount is available to eligible and enrolled PacificSource members and adult household dependents.

A Moment Can Change Your Whole Life

If you're trying to lose weight, or if you've tried to lose weight before, you've probably felt it—the "I'm ready now" moment.

The Jenny Craig complete weight loss and weight management program helps you make the most of that feeling.

Jenny All Access

With Jenny All Access, you'll enjoy 50 percent off* the enrollment fee (normally \$99), plus five percent off all Jenny Craig food.

Get started with Jenny

Visit JennyCraig.com/pacificsource to register and unlock your discounts, today.

How the Program Works

- 1. Connect with your consultant.** Meet and build a relationship with your dedicated consultant.
- 2. Pick your favorite Jenny Craig foods.** Jenny Craig foods free you from worrying about what to eat.
- 3. Reach your goal and beyond.** To sustain your success, the Jenny Craig program puts a plan in place to help teach you how to maintain your new weight loss.

* Receive a 50 percent discount on the \$99 enrollment fee. Enrollment and monthly fees of \$19 required, plus the cost of food and the cost of shipping, if applicable. Member is responsible for all payments for the Jenny Craig Program. Active program enrollment and program eligibility status required, which includes meeting with a consultant and adhering to the full Jenny Craig meal plan based on stage of weight loss. Upon request, must provide proof of eligibility for participating in the organization's wellness program that is registered with Jenny Craig. Food discount not applicable to shipping cost and only valid for personal consumption. No cash value. Not valid with any other offer or discounts. Only available at participating locations and Jenny Craig Anywhere. Not valid at JennyCraig.com. New members only. Restrictions apply.

PacificSource Health Plans and Jenny Craig can help you take that first step toward reaching a healthy weight.

Questions? Our Wellness Team is happy to help you. Call (541) 225-2811 or email wellness@pacificsource.com

