

# Alcohol Use Disorders Identification Test (AUDIT): Interview Version

**Instructions:** Read the questions as written. Record the answers carefully. Begin the AUDIT by saying “Now I am going to ask you some questions about your use of alcoholic beverages during this past year.” Explain what is meant by “alcoholic beverages” by using local examples of beer, wine, vodka, and so on. Record answers in terms of “standard drinks.” Place the correct answer number in the box at the right.

<p>1. How often do you have a drink containing alcohol?            (0) Never [Skip to Qs 9-10]            (1) Monthly or less            (2) 2 to 4 times a month            (3) 2 to 3 times a week            (4) 4 or more times a week</p> <p style="text-align: right;"><input type="text"/></p>	<p>6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?            (0) Never            (1) Less than monthly            (2) Monthly            (3) Weekly            (4) Daily or almost daily</p> <p style="text-align: right;"><input type="text"/></p>
<p>2. How many drinks containing alcohol do you have on a typical day when you are drinking?            (0) 1 or 2            (1) 3 or 4            (2) 5 or 6            (3) 7, 8, or 9            (4) 10 or more</p> <p style="text-align: right;"><input type="text"/></p>	<p>7. How often during the last year have you had a feeling of guilt or remorse after drinking?            (0) Never            (1) Less than monthly            (2) Monthly            (3) Weekly            (4) Daily or almost daily</p> <p style="text-align: right;"><input type="text"/></p>
<p>3. How often do you have six or more drinks on one occasion?            (0) Never            (1) Less than monthly            (2) Monthly            (3) Weekly            (4) Daily or almost daily</p> <p>Skip to Questions 9 and 10 if Total Score for Questions 2 and 3 = 0</p> <p style="text-align: right;"><input type="text"/></p>	<p>8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?            (0) Never            (1) Less than monthly            (2) Monthly            (3) Weekly            (4) Daily or almost daily</p> <p style="text-align: right;"><input type="text"/></p>
<p>4. How often during the last year have you found that you were not able to stop drinking once you had started?            (0) Never            (1) Less than monthly            (2) Monthly            (3) Weekly            (4) Daily or almost daily</p> <p style="text-align: right;"><input type="text"/></p>	<p>9. Have you or someone else been injured as a result of your drinking?            (0) No            (2) Yes, but not in the last year            (4) Yes, during the last year</p> <p style="text-align: right;"><input type="text"/></p>
<p>5. How often during the last year have you failed to do what was normally expected from you because of drinking?            (0) Never            (1) Less than monthly            (2) Monthly            (3) Weekly            (4) Daily or almost daily</p> <p style="text-align: right;"><input type="text"/></p>	<p>10. Has a relative, friend, doctor, or another health worker been concerned about your drinking or suggested you cut down?            (0) No            (2) Yes, but not in the last year            (4) Yes, during the last year</p> <p style="text-align: right;"><input type="text"/></p>
<p>Record total of specific items here <input type="text"/></p>	

8 to 15—simple advice focused on the reduction of hazardous drinking

16 to 19—brief counseling and continued monitoring

20 or above—further diagnostic evaluation for alcohol dependence

*This form is adapted from the World Health Organization’s (WHO) Alcohol Use Disorders Identification Test (AUDIT) form, and is provided as a diagnostic tool courtesy of WHO and PacificSource Health Plans. For more information, please see “AUDIT—The Alcohol Use Disorders Identification Test: Guidelines for Use in Primary Care,” available from the WHO Web site at [http://www.who.int/substance\\_abuse/publications/alcohol/en/index.html](http://www.who.int/substance_abuse/publications/alcohol/en/index.html).*

