



Prenatal Program

What are the program benefits?

The PacificSource Prenatal Program helps expectant mothers learn more about their pregnancy and the development of their child. Research has shown that education, support, and access to appropriate prenatal care can positively affect pregnancy outcomes.

Participants receive an information package that includes:

- **A book** for each parent on caring for a newborn and becoming a family
- **Educational fliers, bimonthly emails, and newsletters**
- A toll-free phone number to receive **support from our prenatal nurse**. Participants will have access to this number throughout their pregnancy and for six weeks after the baby is born.

Participants receive an additional packet of helpful information about what to expect when they go home with their baby and on child safety.

PacificSource members can get no-cost prenatal vitamins. (See the next page.)

How can the program help patients?

- **It reinforces your plan of treatment.** Program nurses provide no medical advice or opinions. Their objective is to encourage participants to follow provider instructions.
- **It encourages your patients** to practice good prenatal care and emphasizes the importance of prenatal visits.

- **It enhances your ability to assist your patients** in dealing with home and work risk factors.
- **It provides education** on prenatal topics with emphasis on having a healthy baby.

Who is eligible for the program?

Most members and dependents covered under a PacificSource group or individual health plan are eligible for the program at no charge. The program is completely confidential, and participation is voluntary.

How can patients register?

Registration is easy. The expectant mother can call **(888) 987-5805**, or she can visit **PacificSource.com/prenatal**. After registration, a Prenatal Program nurse will call to complete the enrollment. Then everything she needs will be sent directly to her home.

It is important for patients to sign up in the first three months of pregnancy, or as soon thereafter as possible. The earlier in pregnancy a patient registers, the sooner the program benefits will begin.

We'll notify primary care providers of their patients' program participation. You're welcome to contact the program team if you have questions.

Questions?

Our Prenatal Team is happy to help.

Phone

Toll Free: (888) 987-5805

Email

prenatal@pacificsource.com

PacificSource.com



Continued >

Prenatal Vitamin Program Information

What is the Prenatal Vitamin program?

PacificSource members who are pregnant or between the ages of 15 and 45 can receive licensed provider-prescribed prenatal vitamin supplements at no cost. We offer this benefit to ensure improved access to important vitamins prior to and during pregnancy, to promote healthy fetal development, and to optimize healthy baby outcomes. This program is free for our members with pharmacy benefits.

What vitamin supplements are covered?

Visit **PacificSource.com/prenatal** to find out which prenatal vitamins are covered.

Are there limitations?

- PacificSource members must have active pharmacy benefits to be eligible.
- The prescription must be written by a licensed prescriber.
- The program is only offered to female members of child-bearing age (between 15 years and 45 years).
- Coverage is only allowed for certain vitamin supplements. Visit **PacificSource.com/prenatal** to find out which supplements are covered at this time. The prescriber must include the NDC number specific to one of the covered vitamins. Over-the-counter vitamins are not covered.

How do patients request and obtain prenatal vitamins?

- Patients can visit **PacificSource.com/prenatal** to see the list of vitamins that are covered and ask you to prescribe one with the numbers included.
- Your patient can fill their prescription at a PacificSource in-network pharmacy. For a complete list of in-network pharmacies by state, go to **PacificSource.com/member/pharmacy-network**.
- Some patients may be eligible to receive a 90-day prescription by mail through our preferred mail-order pharmacy.