5 Ways to Indulge in a Staycation

If you've ever denied yourself time off because you couldn't line up a serious getaway, consider these five ways to take advantage of—and recharge during—a *staycation:*

1. **Take a community-center class—**Explore "things to do" that are entirely local. You never know what new passion you'll find or new friends you'll make.
2. **Schedule nothing—**Time for spontaneity. Relax: Wake up when you're done sleeping, do whatever sounds like fun in the moment, and indulge in not knowing what time (or day) it is.
3. **Rummage through a closet or attic—**Get lost in a shoebox of old photos or recharge with a closet inventory.
4. **Get lost in a hobby—**Free time can open a door to find your passions. Bust out your paints, guitar, or hiking boots—whatever activity brings you joy.
5. **Be a tourist in your own town—**Find a walking tour for a deep dive into local history. Seek out unfamiliar parts of the city and see things differently (or for the first time).

Want to learn more?

Get more details at **PacificSource.com/staycation**

PacificSource HEALTHY LIFE™