Flu is spread from person to person.

So is kindness.

Do your part. Get your flu shot.

$0 You can protect yourself, your loved ones, and your community by getting an annual flu shot—**at no cost to you.**

Just show your PacificSource Member ID to an in-network doctor, or at pharmacies including Albertsons, CVS, Costco, Fred Meyer, Kroger, and Safeway. You can find a pharmacy near you at **PacificSource.com**.

P.S.: Kindness is contagious. Pass it on.

PacificSource
HEALTH PLANS