



## Beyond what's required

2023 Health Plans for Oregon Individuals and Families



The kind of help you'd expect from a friend.

At PacificSource, member service is more than professional—it's personal.

What's more, it's local. The people who help you are right here in the Northwest. We answer your calls in less than 30 seconds on average, according to internal call reports. And we're committed to going beyond what's required to make sure you're satisfied.





PacificSource is a **not-for-profit community health plan**. We don't answer to shareholders, but to members, providers, producers, and employers—the people who depend on our products and services.

# Health plans that focus on the right things: you, your doctor, and your community



### A unique, not-for-profit partnership

PacificSource is different. We're a local health insurer that works closely with highly rated providers to deliver exceptional member experience.



### Integrated care that revolves around members

This patient-centered approach is enabled by close collaboration with our provider partners, supported by best-in-class data analytics.



### High-value care and lower costs

We strive to compensate providers based on quality of outcomes and overall value—not volume.



### Ongoing investment in community health

As a not-for-profit insurer, PacificSource continually invests in our own neighborhoods, through financial aid and access to healthcare for diverse populations and those most in need.

# Benefits that go beyond what's required



### **Expanded telehealth coverage**

Members can see a doctor without leaving home. You'll get the care you need, when and where you need it.



### No referrals required with any plan

Our plans don't require members to visit a primary care doctor before seeing a specialist. (Some specialists may have their own referral requirements.)



### No-cost preventive care and preventive drugs

We're pleased to offer \$0 copays on:

- Well-baby and well-child care
- Annual checkups
- Prenatal consultations
- Preventive mammograms and colonoscopies
- Immunizations
- Dozens of preventive drugs—including 82 more than the law requires (Note: Standard plans only use the Standard ACA drug list.)



#### **Human service**

No automated phone trees or offshore call centers





# InTouch puts you in charge



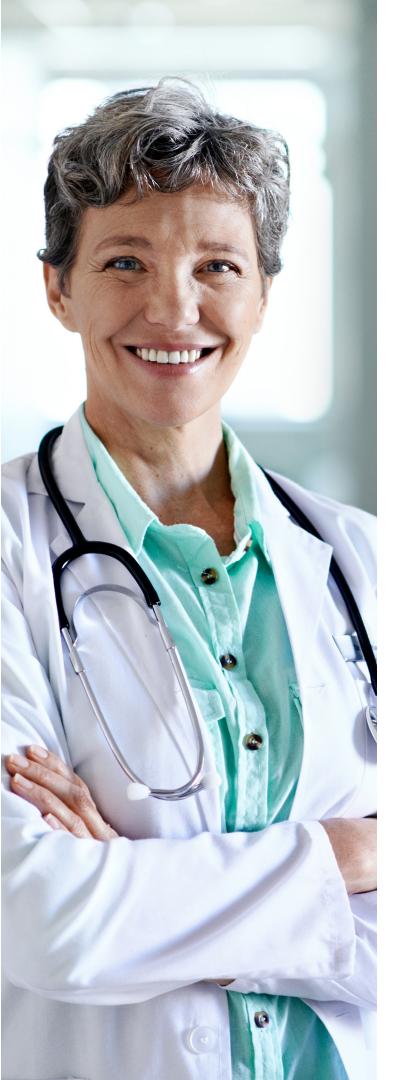
# Manage your benefits from your computer, phone, or tablet—24/7.

You'll have secure access to all your insurance information, plus valuable health-related extras, with our InTouch site and iOS/Android app.

#### With InTouch you can:

- Display your member ID
- Schedule doctor visits—physical and behavioral health—through Teladoc®
- Review what's covered by your plan
- Read Explanation of Benefits statements
- Check your deductible status

- Search for a doctor
- Select your primary care provider
- Call our free 24-Hour NurseLine
- Work toward health goals with our health and wellness portal
- Reach our Customer Service team





# The Navigator difference

# A coordinated network of highly rated medical professionals

Your provider network determines which doctors and hospitals are covered at the highest benefit level.

In Oregon, the Navigator network includes, among many others, Legacy Health, Legacy Health Partners, OHSU Health, St. Charles Health System, Samaritan Health Services, PeaceHealth, McKenzie-Willamette Medical Center, Asante, and Central Oregon Independent Practice Association.

Plus thousands of independent practitioners, including acupuncture, chiropractic, and naturopathic care providers.

Navigator also offers out-of-network benefits, for greater freedom and choice.

### **Navigator**

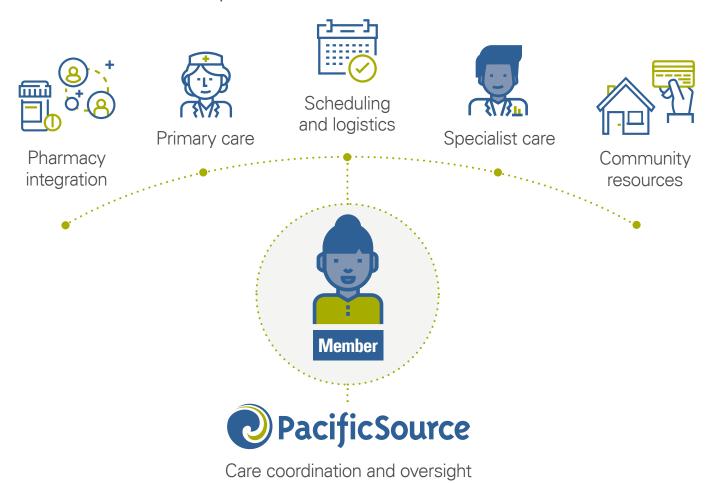
### Cost-effective care coordination that puts members at the center

Navigator is our clinically integrated product. We work with members and a network of local, highly rated healthcare providers focused on quality outcomes.

With Navigator, you get a plan that:

- Supports you on your journey toward optimal health
- Values and promotes your healthcare engagement
- Provides empowering self-management tools
- Emphasizes shared decision making with providers

### **Members experience seamless, accountable care** from a dedicated team of providers.





### The doctors and hospitals you want

We've partnered with well-respected health centers and hospitals in the region to provide members and their families with quality care.



**Statewide** 





















#### Idaho

Blackfoot Boise Nampa/Caldwell Pocatello Twin Falls

















Statewide







### Washington

Spokane Tacoma Vancouver









In-network availability is based on member's plan and network.



### Navigator is available for purchase by people living in any Oregon county.

# In-network, nationwide



#### **Outside the Northwest?**

With **Navigator**, your in-network coverage goes with you thanks to partnerships with **First Health**® and **First Choice Health**.™





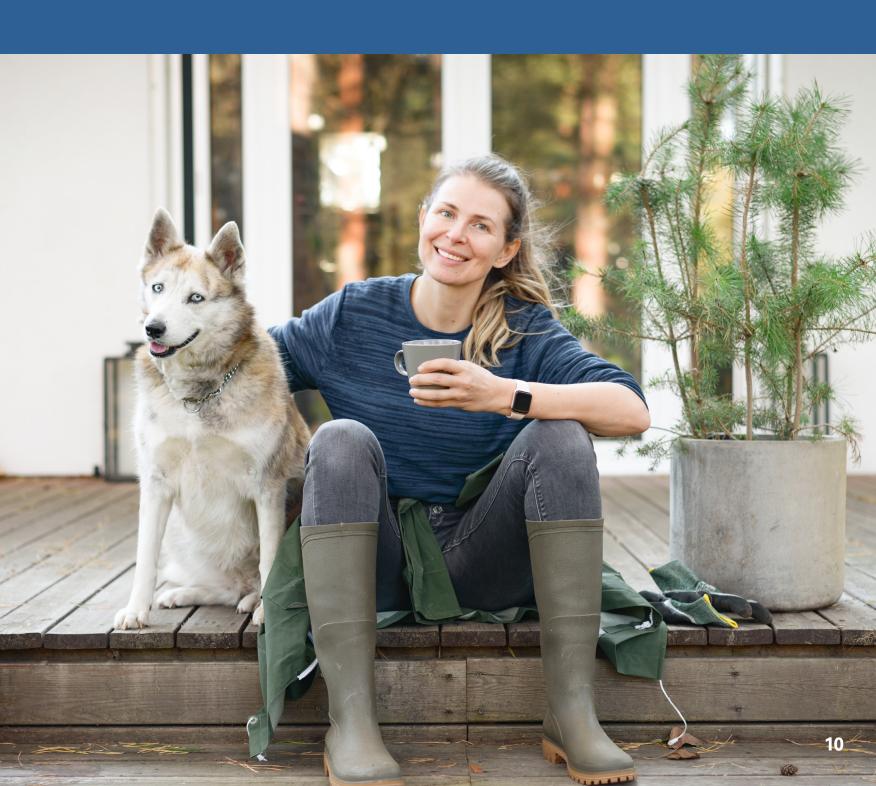
#### **Out-of-network benefits**

Want to see a doctor who's not in your network? With Navigator, their services are covered, up to an allowed amount.

# We cover more than 49,000 individual members and their families across the Greater Northwest.

PacificSource covers independent people just like you who get their health insurance direct, not from an employer.

Source: monthly enrollment report, February 2022



### 2023 Oregon | Navigator Individual and Family Medical Plans

																			HSA-QUAL	IFIED PLANS			OREGON STA	NDARD PLANS		
	Gold	1500†	Silver	3400††	Silve	r 3500	Silver	3900††	Silve	er 4000	Silver	4900††	Bronz	z <b>e</b> 7000	Bron	<b>ze</b> 9100	Catast	rophic^	Bronze	HSA 7050	Standa	ard Gold	Standa	rd Silver	Standa	rd Bronze
	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK
Deductible Individual/Family  Out-of-Pocket Maximum Individual/Family		\$10,000 / \$20,000 \$25,000 / \$50,000			\$3,500 / \$7,000			\$10,000 / \$20,000	<u> </u>	\$10,000 / \$20,000 \$25,000 / \$50,000					0 \$9,100 / \$18,200 0 \$9,100 / \$18,200					\$10,000 / \$20,000 \$25,000 / \$50,000				\$10,000 / \$20,000		\$10,000 / \$20,000 \$25,000 / \$50,000
Out-oi-Focket Maximum marvidual/r armiy	\$7,500 / \$15,000	\$25,000 / \$50,000	\$3,100 / \$10,200	\$25,000 / \$50,000	\$3,100 / \$10,200	\$25,000 / \$50,000	\$3,100 / \$10,200	\$25,000 / \$50,000	\$5,100 / \$10,200	\$23,000 / \$30,000	\$3,100 / \$10,200	\$25,000 / \$50,000	\$5,100 / \$10,200	\$23,000 / \$30,000	\$3,100 / \$10,200	\$25,000 / \$50,000	\$9,100 / \$10,200	\$23,000 / \$50,000	\$7,030 / \$14,100	\$23,000 / \$30,000	\$7,300 / \$14,000	\$23,000 / \$30,000	\$3,100 / \$10,200	\$25,000 / \$50,000	\$6,000 / \$17,000	\$23,000 / \$30,00
Preventive Services	Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible	e Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible
Preventive Drug Coverage	Covered in full	90% after deductible	Covered in full	90% after deductible	Covered in full	90% after deductible	Covered in full	90% after deductible	Covered in full	90% after deductible	Covered in full	90% after deductible	Covered in full	90% after deductible	e Covered in full	90% after deductible	Covered in full	90% after deductible	Covered in full	90% after deductible	Only for drugs on the	Standard Preventive No-Co	st Drug List (Affordable (	Care Act) In Network: Cov	ered in full, Out of Netw	ork: 90% after deductibl
Accident Benefit		full up to \$500, ays of accident		full up to \$500, ays of accident		ull up to \$500, ays of accident		ull up to \$500, ays of accident		full up to \$500, ays of accident		full up to \$500, ays of accident		full up to \$500, ays of accident		full up to \$500, ays of accident		full up to \$500, ays of accident		full up to \$500, ays of accident	Not	Covered	Not C	Covered	Not	Covered
Office Visits Primary (including behavioral health), Urgent Care, and Specialist	Primary/Urgent: \$20 no deductible Specialist: \$40 no deductible	50% after deductible	Primary/Urgent: \$40 no deductible Specialist: 40% after deductible	50% after deductible	Primary/Urgent: \$40 no deductible Specialist: 40% after deductible	50% after deductible	Primary/Urgent: \$30 no deductible Specialist: \$60 no deductible	50% after deductible	Primary/Urgent: \$30 no deductible Specialist: \$60 no deductible	50% after deductible	Primary: \$40 no deductible  Urgent: \$70 no deductible  Specialist: \$80 no deductible	50% after deductible	Primary/Urgent: \$40 no deductible Specialist: 40% after deductible	50% after deductible	e 0% after deductible	50% after deductible	Primary: Visits 1-3 no deductible, covered in full Visits 4+ 0% after deductible Urgent Care/ Specialist: 0% after deductible	50% after deductible	0% after deductible	50% after deductible	Primary: \$20 no deductible  Urgent: \$60 no deductible  Specialist: \$40 no deductible	50% after deductible	Primary: \$40 no deductible Urgent: \$70 no deductible Specialist: \$80 no deductible	50% after deductible	Primary: \$50 no deductible Urgent: \$100 no deductible Specialist: \$100 no deductible	50% after deductible
Telehealth	Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible	Covered in full	50% after deductible	e 0% after deductible	50% after deductible	Visits 1-3 no deductible, covered in full Visits 4+ 0% after deductible	50% after deductible	0% after deductible	50% after deductible	\$20 no deductible	50% after deductible	\$40 no deductible	50% after deductible	\$50 no deductible	50% after deductibl
Inpatient Hospital	20% after deductible	50% after deductible	40% after deductible	50% after deductible	40% after deductible	50% after deductible	30% after deductible	50% after deductible	30% after deductible	50% after deductible	30% after deductible	50% after deductible	40% after deductible	50% after deductible	e 0% after deductible	50% after deductible	0% after deductible	50% after deductible	0% after deductible	50% after deductible	20% after deductible	50% after deductible	30% after deductible	50% after deductible	0% after deductible	50% after deductib
Lab / X-ray	20% after deductible	50% after deductible	40% after deductible	50% after deductible	40% after deductible	50% after deductible	30% after deductible	50% after deductible	30% after deductible	50% after deductible	30% after deductible	50% after deductible	40% after deductible	50% after deductible	e 0% after deductible	50% after deductible	0% after deductible	50% after deductible	0% after deductible	50% after deductible	20% after deductible	50% after deductible	30% after deductible	50% after deductible	0% after deductible	50% after deductib
Physical, Occupational, and Speech Therapy Combined 30 visits per year	20% after deductible	50% after deductible	40% after deductible	50% after deductible	40% after deductible	50% after deductible	30% after deductible	50% after deductible	30% after deductible	50% after deductible	\$40 no deductible if provided in an office setting	50% after deductible	40% after deductible	50% after deductible	e 0% after deductible	50% after deductible	0% after deductible	50% after deductible	0% after deductible	50% after deductible	\$20 no deductible if provided in an office setting	50% after deductible	\$40 no deductible if provided in an office setting	50% after deductible	\$50 no deductible if provided in an office setting	f 50% after deductib
Outpatient Surgery	20% after deductible	50% after deductible	40% after deductible	50% after deductible	40% after deductible	50% after deductible	30% after deductible	50% after deductible	30% after deductible	50% after deductible	30% after deductible	50% after deductible	40% after deductible	50% after deductible	e 0% after deductible	50% after deductible	0% after deductible	50% after deductible	0% after deductible	50% after deductible	20% after deductible	50% after deductible	30% after deductible	50% after deductible	0% after deductible	50% after deductib
Emergency Services	20% after deductible	20% after deductible	40% after deductible	40% after deductible	40% after deductible	40% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	30% after deductible	40% after deductible	40% after deductible	e 0% after deductible	0% after deductible	0% after deductible	0% after deductible	0% after deductible	0% after deductible	20% after deductible	20% after deductible	30% after deductible	30% after deductible	0% after deductible	0% after deductible
Chiropractic / Acupuncture Visits per benefit period: Chiro: 20 / Acu: 12	\$20 no deductible	50% after deductible	\$40 no deductible	50% after deductible	\$40 no deductible	50% after deductible	\$30 no deductible	50% after deductible	\$30 no deductible	50% after deductible	\$40 no deductible	50% after deductible	\$40 no deductible	50% after deductible	e 0% after deductible	50% after deductible	0% after deductible	50% after deductible	0% after deductible	50% after deductible	\$20 no deductible	50% after deductible	\$40 no deductible	50% after deductible	\$50 no deductible	50% after deductibl
Prescription (Rx) Drug Coverage Out-of-network: 30-day max fill, no more than 3 per year	Tier 1: \$20 no deductible Tier 2: \$50 no deductible Tier 3 & 4: 20% no deductible	90% after deductible	Tier 1: \$20 no deductible Tier 2: \$50 no deductible Tier 3 & 4: 50% no deductible	90% after deductible	Tier 1: \$20 no deductible Tier 2: \$50 no deductible Tier 3 & 4: 50% no deductible	90% after deductible	30% after deductible	90% after deductible	30% after deductible	90% after deductible	Tier 1: \$20 no deductible Tier 2: \$50 no deductible Tier 3 & 4: 50% no deductible	90% after deductible	40% after deductible	90% after deductible	e 0% after deductible	90% after deductible	0% after deductible	90% after deductible	0% after deductible	90% after deductible	Tier 1: \$10 no deductible Tier 2: \$30 no deductible Tier 3: 50% no deductible Tier 4: 50% no deductible, \$500 max/script	90% after deductible	Tier 1: \$15 no deductible Tier 2: \$60 no deductible Tier 3 & 4: 50% no deductible	90% after deductible	Tier 1: \$20 no deductible Tier 2, 3, & 4: 0% after deductible	90% after deductible
Pediatric Eye Exam One exam per benefit period	Covered in full	Covered in full up to \$40	Covered in full	Covered in full up to \$40	Covered in full	Covered in full up to \$40	Covered in full	Covered in full up to \$40	Covered in full	Covered in full up to \$40	Covered in full	Covered in full up to \$40	Covered in full	Covered in full up to \$40	Covered in full	Covered in full up to \$40	Covered in full	50% after deductible	Covered in full	Covered in full up to \$40	Covered in full	Covered in full up to \$40	Covered in full	Covered in full up to \$40	Covered in full	Covered in full up to \$40
<b>Pediatric Vision Hardware</b> One item per benefit period		o \$150 then subject to ductible and 20%		o \$150 then subject to ductible and 40%	· '	o \$150 then subject to ductible and 40%		s \$150 then subject to ductible and 30%		o \$150 then subject to ductible and 30%		o \$150 then subject to ductible and 30%		o \$150 then subject to ductible and 40%		to \$150 then subject to rk deductible	Covered in full	50% after deductible		o \$150 then subject to rk deductible		to \$150 then subject to ductible and 20%	· ·	s \$150 then subject to ductible and 30%		to \$150 then subject to ork deductible

<sup>^</sup>Available only for people under 30, or people of any age with a hardship exemption or affordability exemption.

<sup>†</sup>Adult vision included on this plan.

<sup>††</sup>Available only on a direct basis.

Out-of-network services are covered up to an allowed amount. After that amount is reached, members may be subject to balance billing. This is a brief summary. Contact a Coverage Advisors@PacificSource.com. Go to PacificSource.com for details or to see a plan's Summary of Benefits. Accessibility help: for assistance reading this table or the rest of the document, please call us at 888-977-9299; TTY: 711. We accept all relay calls.



# Vision care for kids 🕠



### **Pediatric vision benefits** for members through age 18

All of our medical plans include pediatric vision coverage. This includes routine eye exams at no cost when seeing an in-network doctor. See plan comparison on previous page for details.

### Decide on dental



### Good dental health can lead to better overall health. You can:

- Add one of our dental plans to your health plan
- Select dental-only
- Purchase these plans year-round, not just during open enrollment

### 2023 Oregon

### Individual and Family Dental Plan Comparison

USE THIS CHART TO COMPARE OUR DENTAL PLANS		<b>dvantage</b> 0 1000		<b>dvantage</b> 0 1500	Kids Dental Advantage 0-20-50 (coverage for members age 18 and under)				
	Advantage	e Network	Advantage	e Network	Advantage Network				
	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK			
<b>Annual Deductible</b> Individual / Family	N/A	\$50 / \$150	N/A	\$50 / \$150	N/A	\$50 / \$150			
Annual Maximum Benefit Per person, age 19 and older	\$1,	000	\$1,	500	N/A				
Pediatric Out-of-Pocket Maximum Individual/Family, age 18 and younger	\$375 / \$750	N/A	\$375 / \$750	N/A	\$375 / \$750	N/A			
	NO DEDUCTIBLE, MEMBER PAYS:	NO DEDUCTIBLE, MEMBER PAYS:	NO DEDUCTIBLE, MEMBER PAYS:	NO DEDUCTIBLE, MEMBER PAYS:	NO DEDUCTIBLE, Member Pays:	NO DEDUCTIBLE, MEMBER PAYS:			
Class I Services	Covered in full	20%	Covered in full	20%	Covered in full	20%			
	NO DEDUCTIBLE, MEMBER PAYS:	AFTER DEDUCTIBLE, MEMBER PAYS:	NO DEDUCTIBLE, MEMBER PAYS:	AFTER DEDUCTIBLE, MEMBER PAYS:	NO DEDUCTIBLE, MEMBER PAYS:	AFTER DEDUCTIBLE, MEMBER PAYS:			
Class II Services	20%	20%	20%	20%	20%	20%			
Class III Services	50%	50%	50%	50%	50%	50%			
<b>Exclusion Period</b> Per person, age 19 and older		6 months; 12 months		6 months; 12 months	None				

This is a brief summary. Contact a Coverage Advisor at **855-330-2792** or by email at <u>CoverageAdvisors@PacificSource.com</u>. For more details, search individual and family plans at <u>PacificSource.com</u>. Accessibility help: for assistance reading this table or the rest of the document, please call us at **855-330-2792**, TTY: 711. We accept all relay calls.



### Finding the right plan



One factor as you decide on a plan will be whether you want one that can be paired with a health savings account (HSA). Here are things to consider.

### **All plans**

**All our health plans** include coverage for preventive care, \$0 annual physicals from in-network providers, \$0 copays on many preventive drugs, and most vaccinations.

**HSA-qualified plans** help you save for healthcare expenses like deductibles and coinsurance. The plans require that all major benefits be subject to your deductible.

#### **HSA**

With HSA plans, you'll set up a dedicated bank account, contributions to which are 100% tax deductible (up to a maximum), like an IRA. Another benefit: withdrawals from your HSA account to pay for qualified medical expenses are tax-free.

### **Non-HSA**

**Non-HSA plans** allow you to use some benefits for a copay prior to meeting your deductible (such as primary care, urgent care, or pharmacy).

# Ten more ways PacificSource gives you more



Access to highly rated hospitals and urgent care centers



\$500 accident benefit with most plans



Affordable gym memberships through Active&Fit Direct™



No-cost care management for chronic conditions



Global emergency services from Assist America®



Prenatal resources for expectant parents



Help quitting tobacco



Up to \$150 reimbursement for health & wellness classes



Home-delivered pharmacy orders



Weight Watchers® program discounts

Additional benefits are not considered insurance.

### **Next steps:**



### Select a health plan

(see the big chart)



### **Decide on dental**

(see the smaller chart)







Online at <u>Shop.</u>
<u>PacificSource.com/</u>
individual



Or call us at **855-983-8844** 

TTY: 711

We accept all relay calls

### We're here to help.

It's natural to have questions about a topic as important as your family's health.

We understand, and we're happy to speak with you by phone or email.

Phone: 800-814-6827 TTY: 711. We accept all relay calls.

Email: CoverageAdvisors@PacificSource.com

PacificSource.com