



ةيبرعلا ةغللا ملكتأ
Hablo Español
Tôi nói tiếng Việt
Я говорю по-русски

What language do you speak at home? Ask for an interpreter for free!

It is important that you and your family are able to ask questions and get answers about your health in your own language.

Everyone deserves great care

PacificSource or your doctor's office can make sure an interpreter is there to help during appointments. Doctor visits include:

- Medical
- Dental
- Mental health

As part of your Oregon Health Plan, a certified interpreter is available to you.

An interpreter:

- Is free
- Ensures better care
- Protects your privacy

It helps to keep a Preferred Language Card with you

If you want an interpreter during your medical appointment, you can ask any healthcare worker to get the help you need. Just show them your **Preferred Language Card**.

You have the right to understand

The Oregon Health Authority (OHA) can help. You can find printable Preferred Language cards in 25 languages at Oregon.gov/oha. Or call PacificSource—we can send you a card in the mail or a printable one by email.

Continued >

Our hours

Oct. 1 – Jan. 31:

8:00 a.m. – 8:00 p.m.,
seven days a week

Feb. 1 – Sept. 30:

8:00 a.m. – 5:00 p.m.,
Monday – Friday

Phone

Toll-free: 800-431-4135

En Español: 866-281-1464

TTY: 711

We accept all relay calls

Email

CommunitySolutionsCS@PacificSource.com

[PacificSource.com/
Medicaid](http://PacificSource.com/Medicaid)


PacificSource
Community Solutions



Preferred Language Cards are available in 25 languages

2 ways to get your own:

1. Go to Oregon.gov/oha/OEI/Pages/HCI-Resources-Events-Policy-Laws.aspx
2. Call PacificSource

You can get this document in another language, large print, or another way that's best for you: Call toll-free 800-431-4135, TTY: 711.

Usted puede recibir este documento en otro idioma, impreso en letra más grande o de cualquier otra manera que sea mejor para usted. Llame al número gratuito 800-431-4135. Los usuarios del servicio TTY pueden llamar al 711.