



5 Important Care Documents

While it isn't enjoyable to think about death or a time when we can't make our own decisions, it's important.

Here are 5 documents to help you plan so that you and your loved ones are prepared and taken care of:

- 1. Durable Power of Attorney:** This document helps protect your property in case you become either physically or mentally unable to handle financial matters.
- 2. Advanced Medical Directives:** If you're ever in a position where you can't make medical decisions for yourself, this document allows for someone to do so for you.
- 3. Do Not Resuscitate (DNR):** This is an important medical directive. This order instructs medical personnel to not perform CPR if your heart or breathing stops.
- 4. Will:** This document's main purpose is to disburse property to heirs after your death. You decide who manages and settles your estate, who will be the legal guardian for minors, and who all receives disbursements of your property.
- 5. Letter of Instruction:** This is a non-legal document that generally accompanies your will to express your thoughts and directions regarding the will.

Want more?

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