

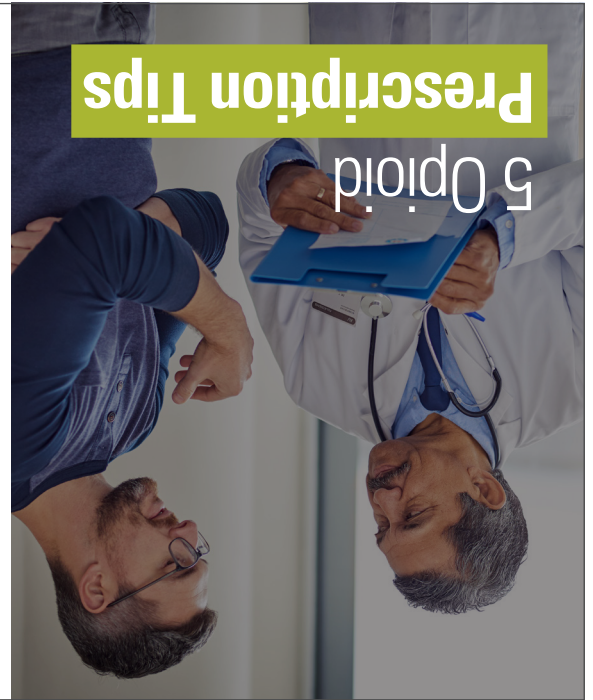
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2. Ask about pain-management alternatives.
3. Take only the amount prescribed.
4. Enlist loved ones to hold you accountable.
5. Never share medications.

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