



5 Signs of Substance Abuse

By recognizing these five signs of substance abuse, you're better able to help someone get the care they need:

1. **Difficulty performing at work or at school**
2. **Disinterest in favorite hobbies or activities**
3. **Increase in secretive or cagey behavior**
4. **Significant change in relationships**
5. **Unexplained financial needs**

Want to learn more?

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